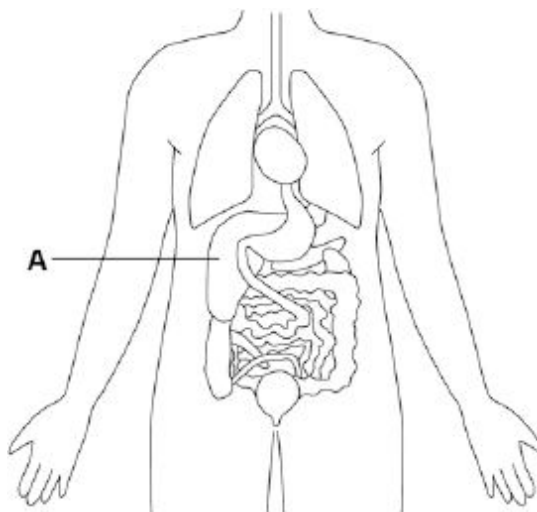


1

Humans control their internal environment in many ways.

Look at the diagram below.



(a) Name organ **A**.

.....

(1)

(b) Organ **A** stores glucose.

People with Type 1 diabetes cannot effectively control the levels of glucose in their blood.

Name the **hormone** people with **Type 1 diabetes** have to inject to decrease their blood glucose level.

.....

(1)

(c) Which organ produces urine?

Tick **one** box.

Brain

Lungs

Kidney

Thyroid

(1)

(d) Marathon runners often drink sports drinks during a race.

Explain why.

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(2)

(Total 5 marks)

2

This question is about the nervous system.

(a) Describe the function of receptors in the skin.

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(2)

(b) A response is caused when information in the nervous system reaches an effector.

(i) There are two different types of effector.

Complete the table to show:

- the two different types of effector
- the response each type of effector makes.

Type of effector	Response the effector makes
1
2

(4)

(ii) Some effectors help to control body temperature.

Give **one** reason why it is important to control body temperature.

.....

(1)

(Total 7 marks)

3

In this question you will be assessed on using good English, organising information clearly and using specialist terms where appropriate.

The human body is kept at a constant internal temperature of about 37 °C.

Body temperature is monitored and controlled by the thermoregulatory centre in the brain.

Describe what happens in the body to keep the body temperature constant.

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(Total 6 marks)

4

It is important that the amount of water in the body is controlled.

(a) The table below shows the main ways that a person takes in and loses water in one day.

Water taken in		Water lost	
Method	Volume in cm ³	Method	Volume in cm ³
Drink	1450	Urine	1500
Food	800	Sweat	600
Metabolic water	350	Breath	
		Faeces	100
Total	2600	Total	2600

(i) Calculate the volume of water lost from the body through breathing.

Use information from the table above.

Volume of water lost through breathing = cm³

(2)

(ii) Metabolic water is water produced by aerobic respiration.

Complete the equation for aerobic respiration.

..... + oxygen → + water (+ energy)

(2)

(iii) If the water intake stays the same, what will happen to the volumes of sweat and urine lost from the body on a much hotter day?

Draw a ring around the correct answer to complete each sentence.

The volume of sweat will

decrease.
increase.
stay the same.

The volume of urine will

decrease.
increase.
stay the same.

(2)

- (b) The kidneys help to control the water content of the body and the concentrations of substances dissolved in the body fluids. The kidneys do this by filtering the blood and then reabsorbing back into the blood the substances needed by the body.

The table above shows typical concentrations of some of the substances dissolved in a person's blood plasma, in the kidney filtrate, and in the urine.

Substance	Blood plasma in g per dm ³	Kidney filtrate in g per dm ³	Urine in g per dm ³
Protein	70	0	0
Glucose	1	1	0
Urea	0.3	0.3	20
Sodium ions	3	3	6

- (i) The table below shows that sodium ions are twice as concentrated in the urine as in the blood plasma.

Calculate how many times more concentrated **urea** is in the urine compared to the blood plasma.

Use information from the table.

.....

Answer = times more concentrated

(2)

- (ii) What is the main cause of this increase in concentration of urea between the blood plasma and the urine?

Tick (✓) **one** box.

Increased urea production by the kidney

Reabsorption of water by the kidney

Increased deamination of amino acids by the liver

(1)

(iii) The table shows that both protein and glucose are found in the blood plasma but **not** in the urine.

Use your knowledge of kidney functioning to explain why.

Protein

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.....

.....

Glucose

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(4)

(c) Some people have kidney failure.

The two main types of treatment for kidney failure are dialysis and a kidney transplant operation.

Suggest reasons why most doctors think that a kidney transplant is better than dialysis treatment.

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(4)
(Total 17 marks)

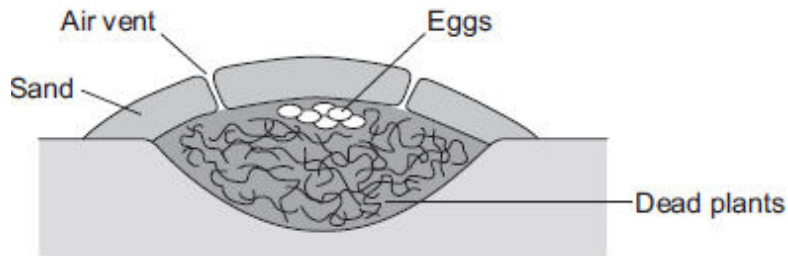
5

Most birds sit on their eggs to keep them warm until they hatch.

Megapode birds:

- dig a large hole in sand
- fill the hole with dead plants
- lay their eggs on top of the dead plants
- cover the surface with a thick layer of sand.

The image below shows a megapode bird's nest.



(a) The dead plants in the nest decay. The decaying process helps to keep the eggs warm for many weeks.

Suggest how.

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(3)

- (b) (i) Megapode birds open and close the air vents of the nest at different times of the day.

Suggest reasons why it is necessary to open and close the air vents.

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(3)

- (ii) The sex of a megapode bird that hatches from an egg depends on the temperature at which the egg was kept.

Use this information to suggest why it is important for megapode birds to control the temperature of their nests.

.....

.....

(1)

(Total 7 marks)

6

Human body temperature must be kept within narrow limits.

The image shows a cyclist in a race.



© Ljupco/iStock/Thinkstock

- (a) Use the correct answer from the box to complete each sentence.

blood	brain	kidney	sweat	urine
-------	-------	--------	-------	-------

The cyclist's body temperature is monitored by a centre in the

This centre is sensitive to the temperature of the cyclist's

If the cyclist's body temperature increases, his body increases
the production of

(3)

(b) (i) Cyclists drink sports drinks after a race.

The table below shows the ratio of glucose to ions in three sports drinks, **A**, **B** and **C**.

	Sports drink		
	A	B	C
Ratio of glucose (g per dm³) to ions (mg per dm³)	15:14	12:1	2:7

The closer this ratio of glucose to ions is to 1:1 in a sports drink, the faster the body replaces water.

Which sports drink, **A**, **B** or **C**, would replace water fastest in an athlete?

(1)

(ii) Why should sports drinks contain ions?

.....
.....

(1)

(iii) Why should a person with diabetes **not** drink too much sports drink?

.....
.....

(1)

(Total 6 marks)

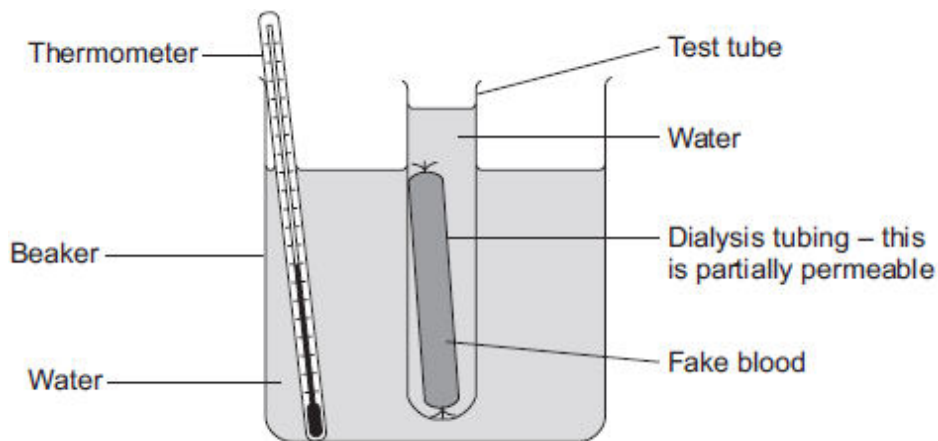
7

A person's kidneys stop working. The person may be treated using a dialysis machine.

Some students made a model of a dialysis machine.

Figure 1 shows the students' model.

Figure 1



The fake blood contained:

- water
- sodium ions
- urea
- glucose
- protein.

(a) (i) Suggest why the students kept the water in the beaker at 37 °C.

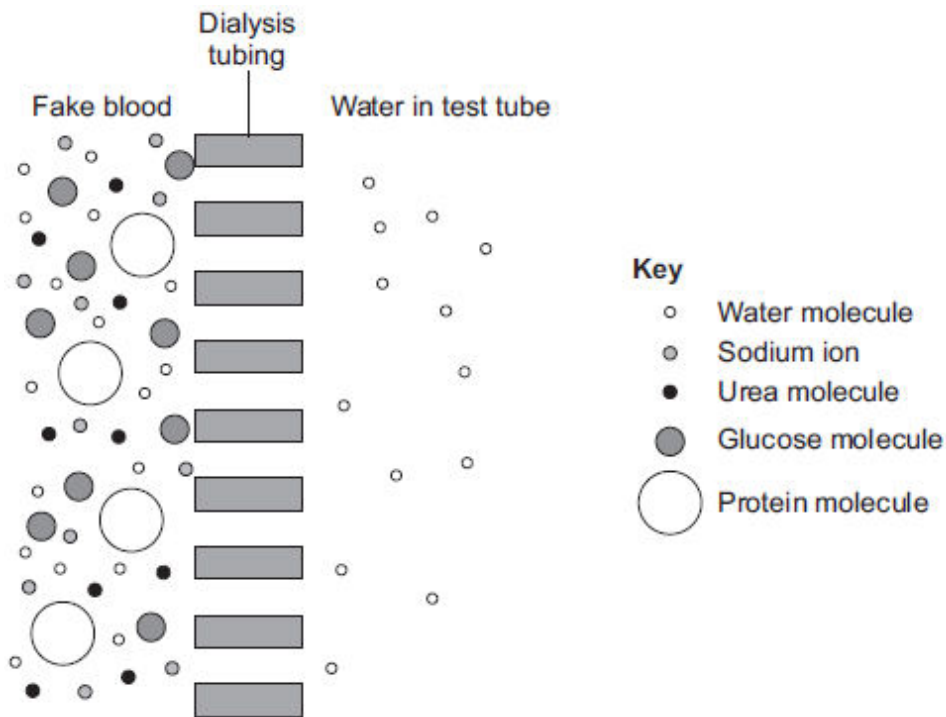
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(1)

- (ii) The dialysis tubing separates the fake blood from the water in the test tube.

Figure 2 shows the fake blood, the dialysis tubing and the water in the test tube.

Figure 2



After 1 hour, the students tested the water in the test tube to see which substances had filtered through from the fake blood.

Name **one** substance that the students would find in the water in the test tube after 1 hour.

.....

(1)

- (iii) Give a reason for your answer to part (a)(ii).

.....
.....
.....

(1)

- (iv) In hospitals, dialysis machines use dialysis fluid, not pure water.

Dialysis fluid contains the same concentration of useful substances as the blood.

Which substance is at the same concentration in dialysis fluid as in blood?

Tick (✓) **one** box.

Glucose

Insulin

Oxygen

(1)

(b) When the kidneys stop working, the person can be treated by a continuous process called CPD.

In CPD:

- dialysis fluid is put into the abdomen
- the fluid is changed four times a day at home
- changing the fluid takes about 45 minutes.

Suggest **two** advantages of having CPD instead of treatment on a dialysis machine.

1

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2

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(2)

(Total 6 marks)

8

Blood is part of the circulatory system.

(a) (i) Give **one** function of white blood cells.

.....

.....

(1)

(ii) Which of the following is a feature of platelets?

Tick (✓) **one** box.

They have a nucleus.

They contain haemoglobin.

They are small fragments of cells.

(1)

- (b) Urea is transported by the blood plasma from where it is made to where the urea is excreted.

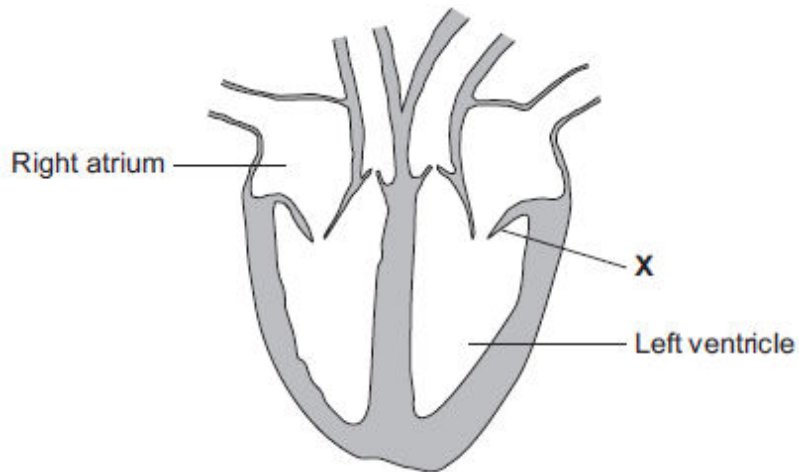
Complete the following sentence.

Blood plasma carries urea from where it is made in the

to the where the urea is removed from the blood.

(2)

- (c) The illustration shows a section through the human heart.



Structure **X** is a valve. If valve **X** stops working, it may need to be replaced.

A scientist is designing a new heart valve. The scientist knows that the valve must be the correct size to fit in the heart.

Suggest **two** other factors the scientist needs to consider so that the newly designed valve works effectively in the heart.

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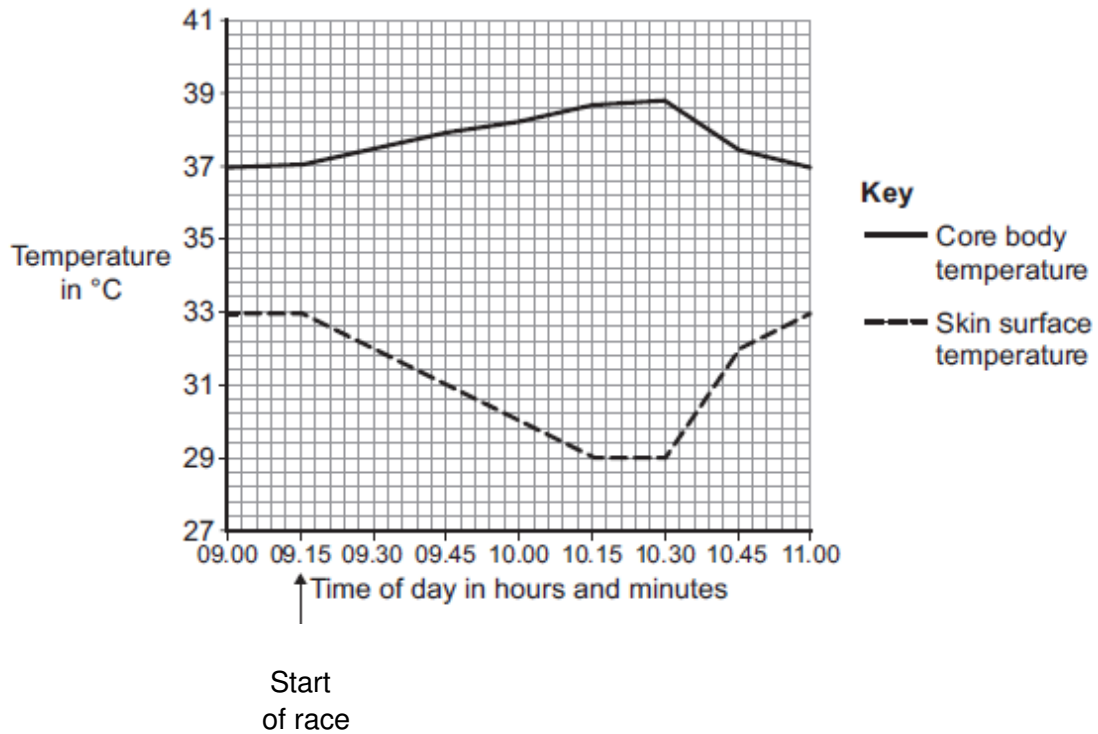
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(2)
(Total 6 marks)

9

The graph shows the core body temperature and the skin surface temperature of a cyclist before, during and after a race.



- (a) (i) When the cyclist finished the race, his core body temperature started to decrease. How long did the race last?

.....

(1)

- (ii) Describe and explain the different patterns shown in the core body temperature and skin surface temperature between 09.15 and 10.15.

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(6)

- (iii) After 10.30, the core body temperature decreased.

Explain how changes in the blood vessels supplying the skin caused the skin surface temperature to increase.

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(2)

(b) During the race, the cyclist's blood glucose concentration began to decrease.

Describe how the body responds when the blood glucose concentration begins to decrease.

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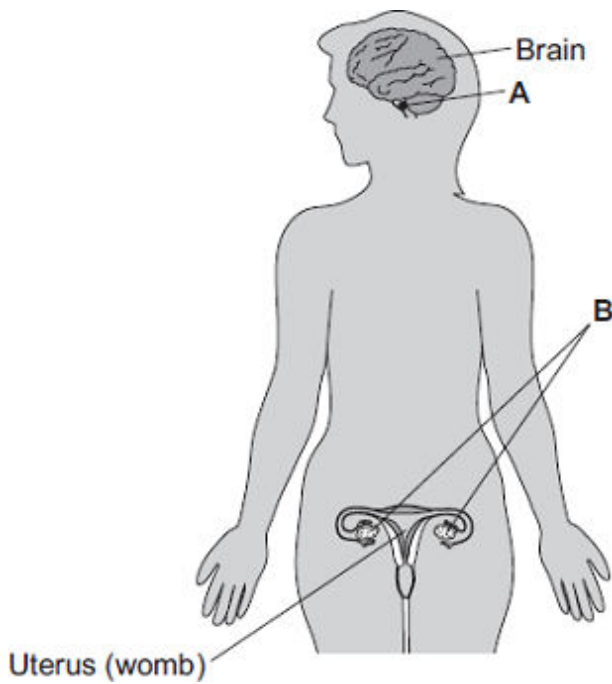
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(3)
(Total 12 marks)

10

The diagram shows the position of two glands, **A** and **B**, in a woman.



(a) (i) Name glands **A** and **B**.

A

B

(2)

(ii) Gland **A** produces the hormone Follicle Stimulating Hormone (FSH).

FSH controls changes in gland **B**.

How does FSH move from gland **A** to gland **B**?

.....

(1)

(b) (i) A woman is not able to become pregnant. The woman does not produce mature eggs. The woman decides to have In Vitro Fertilisation (IVF) treatment.

Which **two** hormones will help the woman produce and release mature eggs?

Tick (✓) **one** box.

FSH and Luteinising Hormone (LH)

FSH and oestrogen

Luteinising Hormone (LH) and oestrogen

(1)

(ii) Giving these hormones to the woman helps her to produce several mature eggs. Doctors collect the mature eggs from the woman in an operation.

Describe how the mature eggs are used in IVF treatment so that the woman may become pregnant.

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(3)

(iii) IVF clinics have been set a target to reduce multiple births.

At least 76% of IVF treatments should result in single babies and a maximum of 24% of treatments should result in multiple births.

Suggest **one** reason why the clinics have been set this target to reduce multiple births.

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.....

(1)

(c) Two clinics, **R** and **S**, used IVF treatment on women in 2007. Doctors at each clinic used the results of the treatments to predict the success rate of treatments in 2008.

The table shows the information.

	Total number of IVF treatments in 2007	Number of IVF treatments resulting in pregnancy in 2007	Predicted percentage success rate in 2008
Clinic R	1004	200	18–23
Clinic S	98	20	3–56

(i) Compare the success rates of the two clinics in 2007.

.....

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(1)

(ii) The range of the predicted success rate in 2008 for clinic **R** is much smaller than the range of the predicted success rate for clinic **S**.

Suggest why.

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(2)

(Total 11 marks)

11

Diabetes is a disease in which the concentration of glucose in a person's blood may rise to fatally high levels.

Insulin controls the concentration of glucose in the blood.

(a) Where is insulin produced?

Draw a ring around **one** answer.

gall bladder

liver

pancreas

(1)

(b) People with diabetes may control their blood glucose by injecting insulin.

(i) If insulin is taken by mouth, it is digested in the stomach.

What type of substance is insulin?

Draw a ring around **one** answer.

carbohydrate

fat

protein

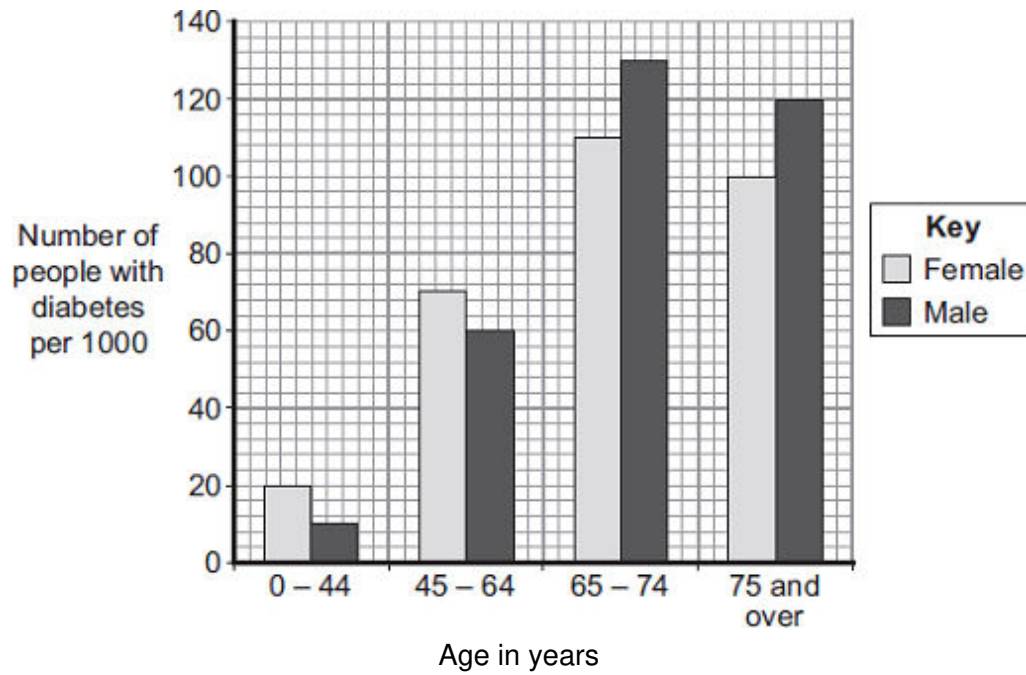
(1)

(ii) Apart from using insulin, give **one** other way people with diabetes may reduce their blood glucose.

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(1)

(c) The bar chart shows the number of people with diabetes in different age groups in the UK.



(i) Describe how the number of males with diabetes changes between the ages of 0 – 44 years and 75 years and over.

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(3)

(ii) Compare the number of males and females with diabetes:

between the ages of 0 and 64 years

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.....

over the age of 65 years.

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(2)
(Total 8 marks)

12

(a) Which organ in the body monitors the concentration of glucose (sugar) in the blood?

.....

(1)

(b) In a healthy person, insulin prevents high levels of glucose in the blood.
To make insulin, cells in the pancreas need amino acids.

Amino acids cannot be stored in the body.

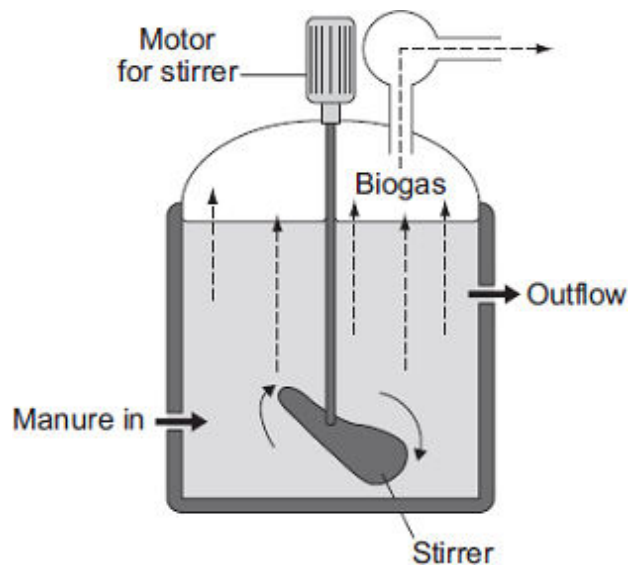
Describe, as fully as you can, what happens to amino acids that cannot be stored in the body.

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(3)
(Total 4 marks)

13

The diagram shows one type of biogas generator.



- (a) With this type of biogas generator, the concentration of solids that are fed into the reactor must be kept very low.

Suggest **one** reason for this.

Tick (✓) **one** box.

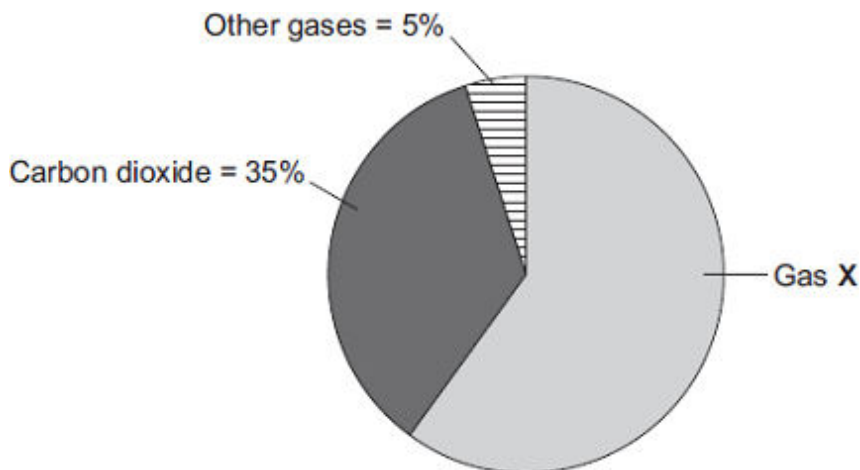
A higher concentration contains too little oxygen.

A higher concentration would be difficult to stir.

A higher concentration contains too much carbon dioxide.

(1)

(b) The pie chart shows the percentages of the different gases found in the biogas.



Gas X is the main fuel gas found in the biogas.

(i) What is the name of gas X?

Draw a ring around **one** answer.

methane

nitrogen

oxygen

(1)

(ii) What is the percentage of gas X in the biogas?

Show clearly how you work out your answer.

.....
.....

Percentage of gas X =

(2)

(c) If the biogas generator is not airtight, the biogas contains a much higher percentage of carbon dioxide.

Draw a ring around **one** answer in each part of this question.

(i) The air that leaks in will increase the rate of

- aerobic respiration.
- anaerobic respiration.
- fermentation.

(1)

(ii) The process in part (c)(i) occurs because the air contains

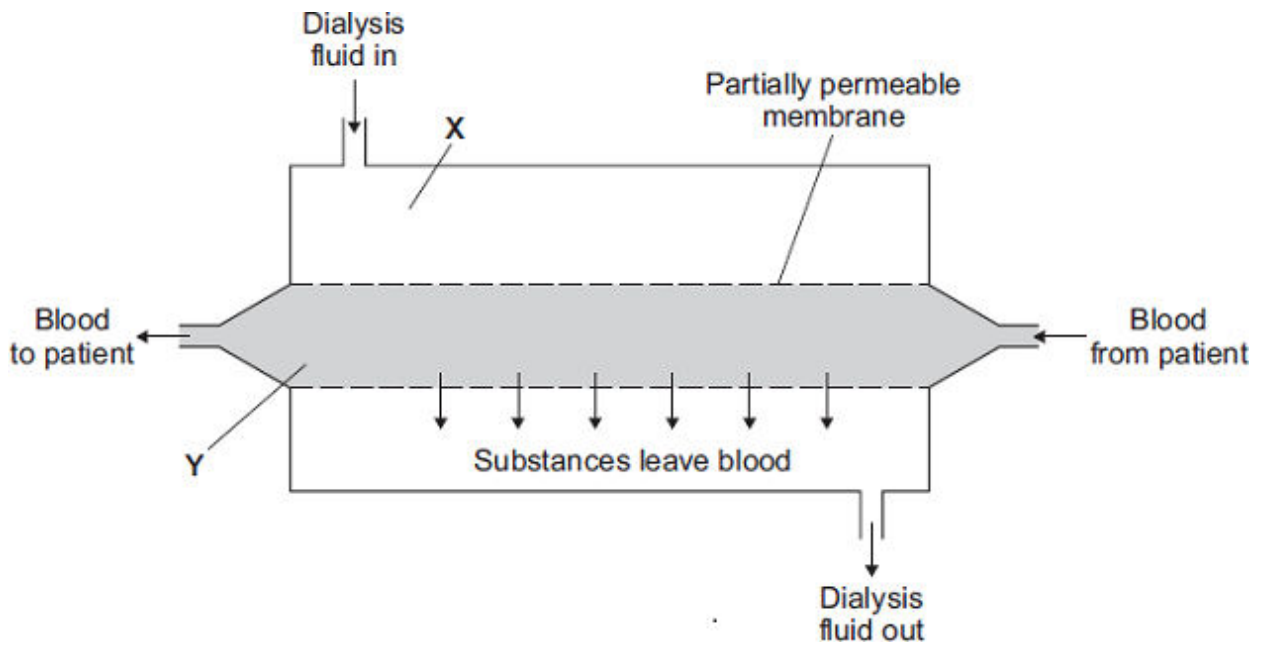
- ammonia.
- nitrogen.
- oxygen.

(1)
(Total 6 marks)

14

People with kidney disease may be treated by dialysis.

The diagram shows a dialysis machine.



(a) Draw a ring around the correct answer to complete each sentence.

A person loses mass during dialysis. One patient lost 2.2 kilograms during a dialysis session.

(i) This person lost mass mainly because

- salt
- urea
- water

was removed from the blood.

(1)

(ii) This substance was able to pass through the partially permeable membranes

because its molecules are

- | |
|--------|
| large. |
| round. |
| small. |

(1)

(iii) The concentration of sodium ions at **X** is 3.15 grams per dm³.

At the end of a dialysis session, the most likely concentration of sodium ions

at **Y** would be

- | |
|------|
| 0.00 |
| 3.15 |
| 6.30 |

grams per dm³.

(1)

(b) The table shows the cost, in the UK, of treating one patient who has kidney disease.

Treatment	Cost per year in pounds
Dialysis	30 000
Kidney transplant:	
operation + first year's medical care	51 000
medical care in each further year	5 000

(i) During the first year, dialysis treatment is cheaper than a kidney transplant.

How much cheaper is the dialysis treatment? pounds

(1)

(ii) After some time, the cost of treating a patient by a transplant operation would be cheaper than continual treatment by dialysis.

How many years would it take?

Draw a ring around **one** answer.

2 years

3 years

4 years

(1)

- (iii) A transplant patient needs to take drugs for the rest of his life to suppress the immune system.

Why is it necessary to suppress the immune system ?

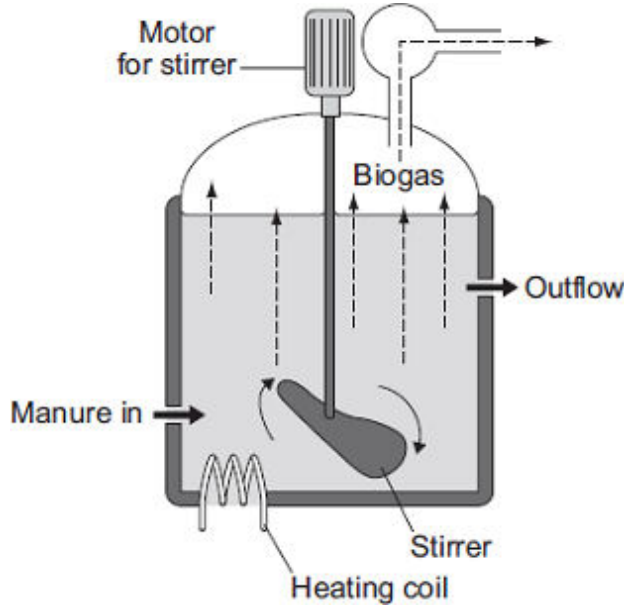
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(1)
(Total 6 marks)

15

The diagram shows one type of *anaerobic* digester. The digester is used to produce biogas.



- (a) (i) What does *anaerobic* mean?

.....

.....

(1)

- (ii) The concentration of solids that are fed into this digester must be kept very low. Suggest **one** reason why.

.....

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(1)

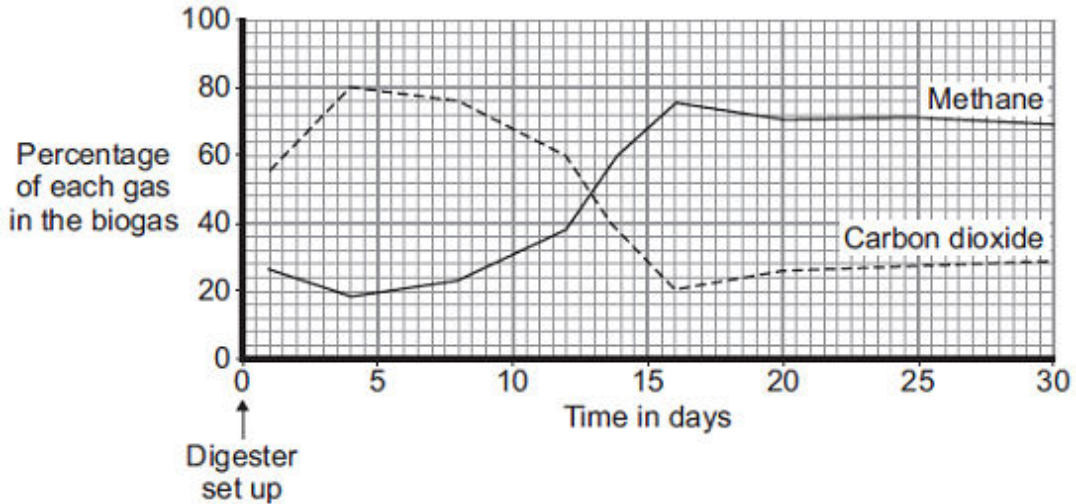
(iii) This digester is more expensive to run than some other simpler designs of biogas generator.

Suggest **one** reason why.

.....
.....

(1)

(b) The graph shows how the composition of the biogas produced by the digester changed over the first 30 days after the digester was set up.



Use information from the graph to answer the following questions.

(i) Describe how the percentage of carbon dioxide changed over the 30 days.

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(3)

(ii) On which day was the best quality biogas produced?

(1)

- (c) Four days after the digester was first set up, the biogas contained a high percentage of carbon dioxide.

Suggest an explanation for this.

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.....

(2)
(Total 9 marks)

16

Urine consists of water, ions and other substances such as urea. Urine is formed in the kidney by filtering the blood. The diameter of the pores in the filter is about 6 nanometres.

The table shows the diameters of the molecules of some of the substances in the blood.

Substance	Diameter of molecule in nanometres
A	10 to 20
B	1
C	0.6
D	0.5
E	0.2

Use information from the table and your own knowledge to answer the questions.

- (a) (i) Which substance, **A, B, C, D** or **E**, is protein?

(1)

(ii) Protein is **not** found in the urine of a healthy person.

Explain why.

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(2)

(b) Substance **B** is **not** found in the urine of a healthy person.
Suggest an explanation for this.

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(2)

(c) Haemolytic anaemia is a disease in which some of the red blood cells burst open.

Small amounts of haemoglobin may be found in the urine of a person suffering from haemolytic anaemia.

The diameter of a haemoglobin molecule is 5.5 nanometres.

Haemoglobin is **not** found in the urine of a healthy person, but haemoglobin can be found in the urine of a person with haemolytic anaemia.

Explain why.

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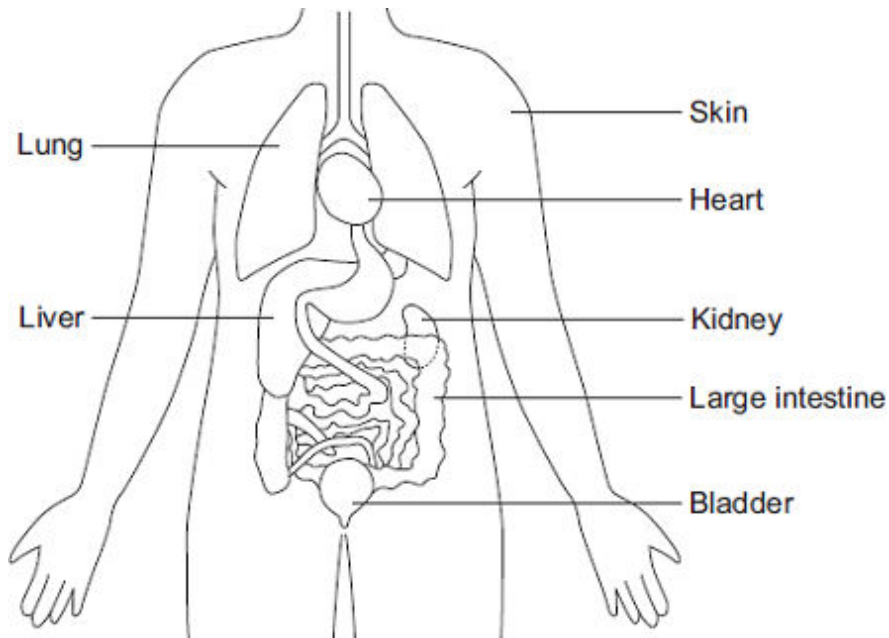
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(3)
(Total 8 marks)

17

The diagram shows some of the organs of the human body.



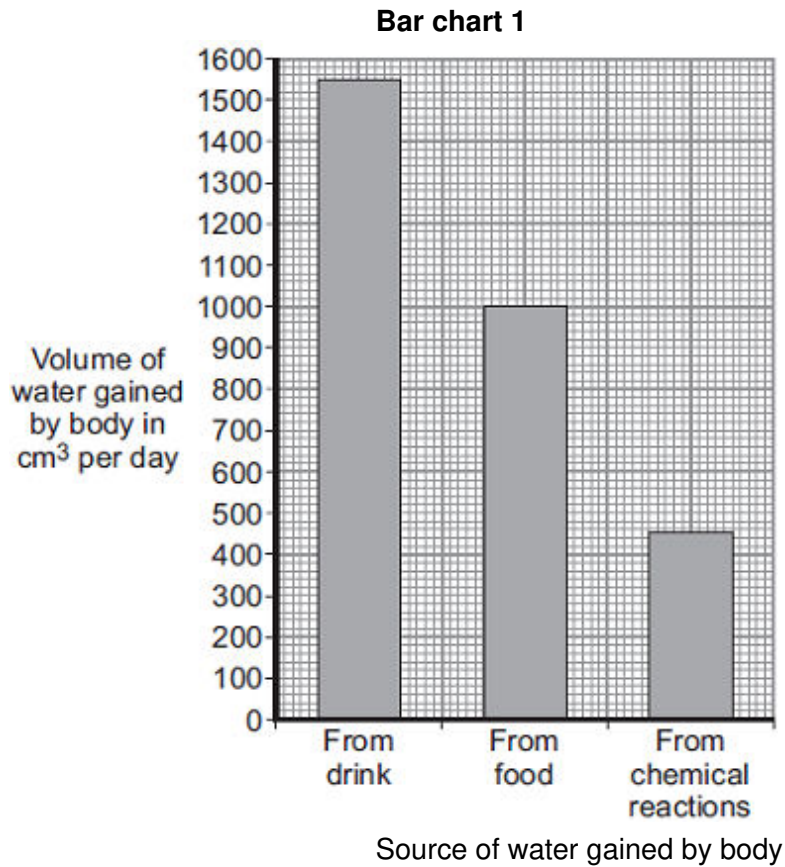
(a) Which organ labelled on the diagram:

(i) produces urine

(1)

- (ii) stores urine (1)
- (iii) produces urea (1)
- (iv) gets rid of carbon dioxide (1)
- (v) helps to control body temperature? (1)

(b) **Bar chart 1** shows the volume of water the human body gains each day.



(i) Calculate the total volume of water the body gains each day.

.....

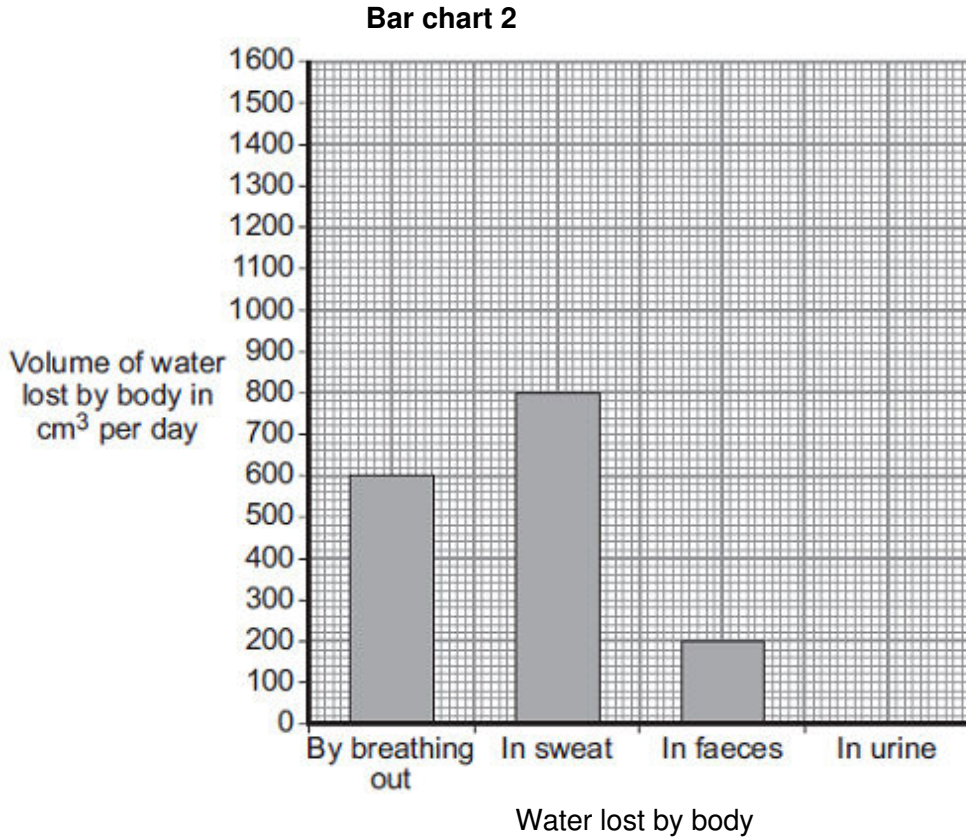
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Total volume of water gained = cm³

(2)

Bar chart 2 shows the volume of water lost each day by breathing out, in sweat and in faeces.



(ii) Calculate the total volume of water lost each day by breathing out, in sweat and in faeces.

.....

Volume = cm³

(1)

(iii) The volume of water the body loses must balance the volume of water the body gains.

Use your answers to part (b)(i) and part (b)(ii) to calculate the volume of water lost in urine.

.....

Volume of water lost in urine = cm³

(1)

(iv) Plot your answer to part (b)(iii) on **Bar chart 2**.

(1)

(v) After taking some types of recreational drugs, the kidneys produce very little urine.

What happens to the body cells if the kidneys produce very little urine?

.....

(1)
 (Total 11 marks)

18

Type 1 diabetes develops when the body does not produce enough insulin.

(a) Which organ produces insulin?

.....

(1)

(b) One treatment for diabetes is to inject insulin.

The table gives the properties of four different types of insulin, **A**, **B**, **C** and **D**.

Type of insulin	Time taken for the insulin to begin to work in minutes	Time taken for insulin to reach maximum concentration in the blood in minutes	Time when insulin is no longer effective in hours
A	15-20	30-90	3-4
B	30-60	80-120	4-6
C	120-240	360-600	14-16
D	240-360	600-960	18-20

(i) Some people with diabetes need to inject insulin just before a meal to stop a big increase in blood sugar concentration.

Which type of insulin, **A**, **B**, **C** or **D**, should these people with diabetes inject just before a meal?

.....

Give the reason for your answer.

.....

(2)

- (ii) A person with diabetes is told to inject type **B** insulin immediately after breakfast at 09.00.
The person with diabetes is told to then inject a second type of insulin at lunchtime at 12.00.
The second type of insulin should keep the blood sugar level under control for the rest of the 24 hours.

Which type of insulin, **A**, **C** or **D**, should this person with diabetes inject at lunchtime?

.....

Give the reason for your answer.

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(2)

- (iii) Apart from injecting insulin, give **one** other way in which Type 1 diabetes can be controlled.

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(1)

(Total 6 marks)

19

Humans maintain an almost constant body temperature.

- (a) Describe the role of blood vessels in the control of body temperature.

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(4)

- (b) An athlete can run a marathon in 2 hours 15 minutes on a dry day in outside temperatures up to 35 °C.

If the air is dry, his body will **not** overheat.

In humid conditions the same athlete can run the marathon in the same time. However, in humid conditions, if the outside temperature goes over 18 °C then his body **will** overheat.

Suggest an explanation for the athlete overheating in humid conditions.

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(3)
(Total 7 marks)

20

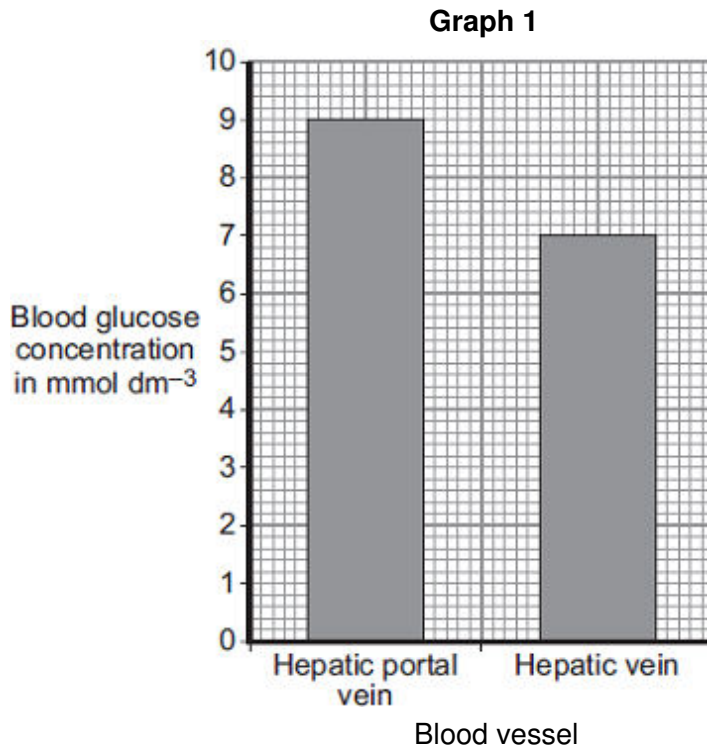
The pancreas and the liver are both involved in the control of the concentration of glucose in the blood.

The liver has two veins:

- the hepatic portal vein taking blood from the small intestine to the liver
- the hepatic vein taking blood from the liver back towards the heart.

Scientists measured the concentration of glucose in samples of blood taken from the hepatic portal vein and the hepatic vein. The samples were taken 1 hour and 6 hours after a meal.

Graph 1 shows the concentration of glucose in the two blood vessels 1 hour after the meal.



(a) The concentration of glucose in the blood of the two vessels is different. Explain why.

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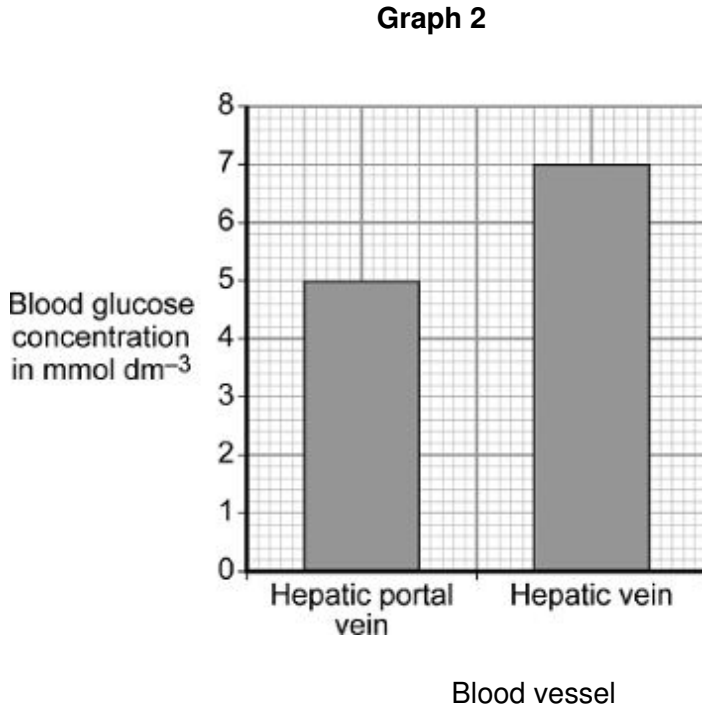
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.....

(3)

- (b) **Graph 2** shows the concentration of glucose in the two blood vessels 6 hours after the meal.



- (i) The concentration of glucose in the blood in the hepatic portal vein 1 hour after the meal is different from the concentration after 6 hours.

Why?

.....

.....

(1)

- (ii) The person does **not** eat any more food during the next 6 hours after the meal.

However, 6 hours after the meal, the concentration of glucose in the blood in the hepatic vein is higher than the concentration of glucose in the blood in the hepatic portal vein.

Explain why.

.....

.....

.....

.....

.....

.....

(3)
(Total 7 marks)

21

The human body produces many hormones.

(a) (i) What is a *hormone*?

.....
.....

(1)

(ii) Name an organ that produces a hormone.

.....

(1)

(iii) How are hormones transported to their target organs?

.....

(1)

(b) Describe how the hormones FSH, oestrogen and LH are involved in the control of the menstrual cycle.

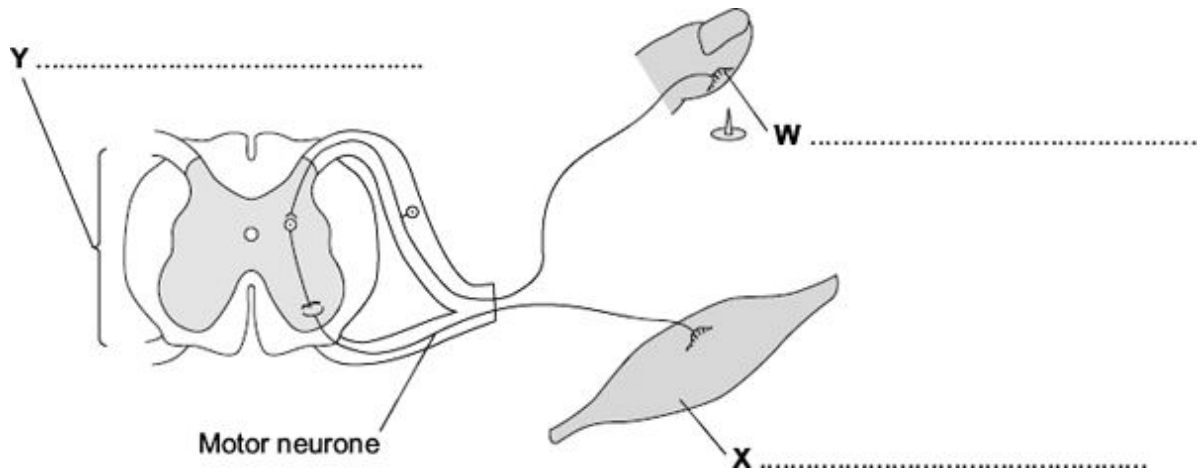
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.....
.....
.....
.....

(3)

(Total 6 marks)

22

The diagram shows the structures involved in a reflex action.



(a) On the diagram, name the structures labelled **W**, **X** and **Y**.

(3)

(b) The control of blood sugar level is an example of an action controlled by hormones.

Give **two** ways in which a reflex action is different from an action controlled by hormones.

1

.....

.....

2

.....

.....

(2)
(Total 5 marks)

23

A group of students is going on an outdoor expedition.
The students need to keep warm in windy conditions.

The table shows the effect of wind speed on how quickly someone gets frostbite at different air temperatures.

Wind speed in metres per second	Air temperature in °C				
	10	0	-10	-20	-30
0					
5					
10					
15					
20					

Key

Time taken to get frostbite:

- No frostbite
- 30 minutes
- 10 minutes
- 5 minutes

(a) (i) Describe the effect of changing air temperature on the time taken to get frostbite.

.....

.....

(1)

(ii) What is the longest time it is safe to stay outside when the air temperature is -20 °C and the wind speed is 10 metres per second?

..... minutes

(1)

(b) When core body temperature begins to fall, changes may happen in the body.

Which **two** changes will happen when core body temperature begins to fall?

Tick (✓) **two** boxes.

More blood flows through skin capillaries

Muscles 'shiver'

Blood vessels supplying the skin capillaries constrict

Sweat glands release more sweat

(2)
(Total 4 marks)

24

Diabetes is a disease in which a person's blood glucose concentration may rise.

Doctors give people drugs to treat diabetes.

The table shows some of the side effects on the body of four drugs, **A, B, C** and **insulin**, used to treat diabetes.

Drug	Side effects on the body
A	Weight loss Liver, kidney and heart damage Feeling of sickness
B	Weight gain Damage to some cells in pancreas
C	More water is kept in the body Weight gain Increased chance of bone breakage in women
Insulin	A little more water is kept in the body Weight gain Increased risk of lung damage

- (a) Which drug, **A, B, C** or **insulin**, is most likely to result in an increase in blood sugar concentration in some people?

Explain your answer.

Drug

Explanation

.....

(2)

- (b) (i) Drugs **A, B and C** can be taken as tablets.

The chemicals in the tablets are absorbed into the blood from the digestive system.

Insulin is a protein.

Insulin **cannot** be taken as a tablet.

Why?

.....

(1)

(ii) Other than using drugs, give **two** methods of treating diabetes.

1

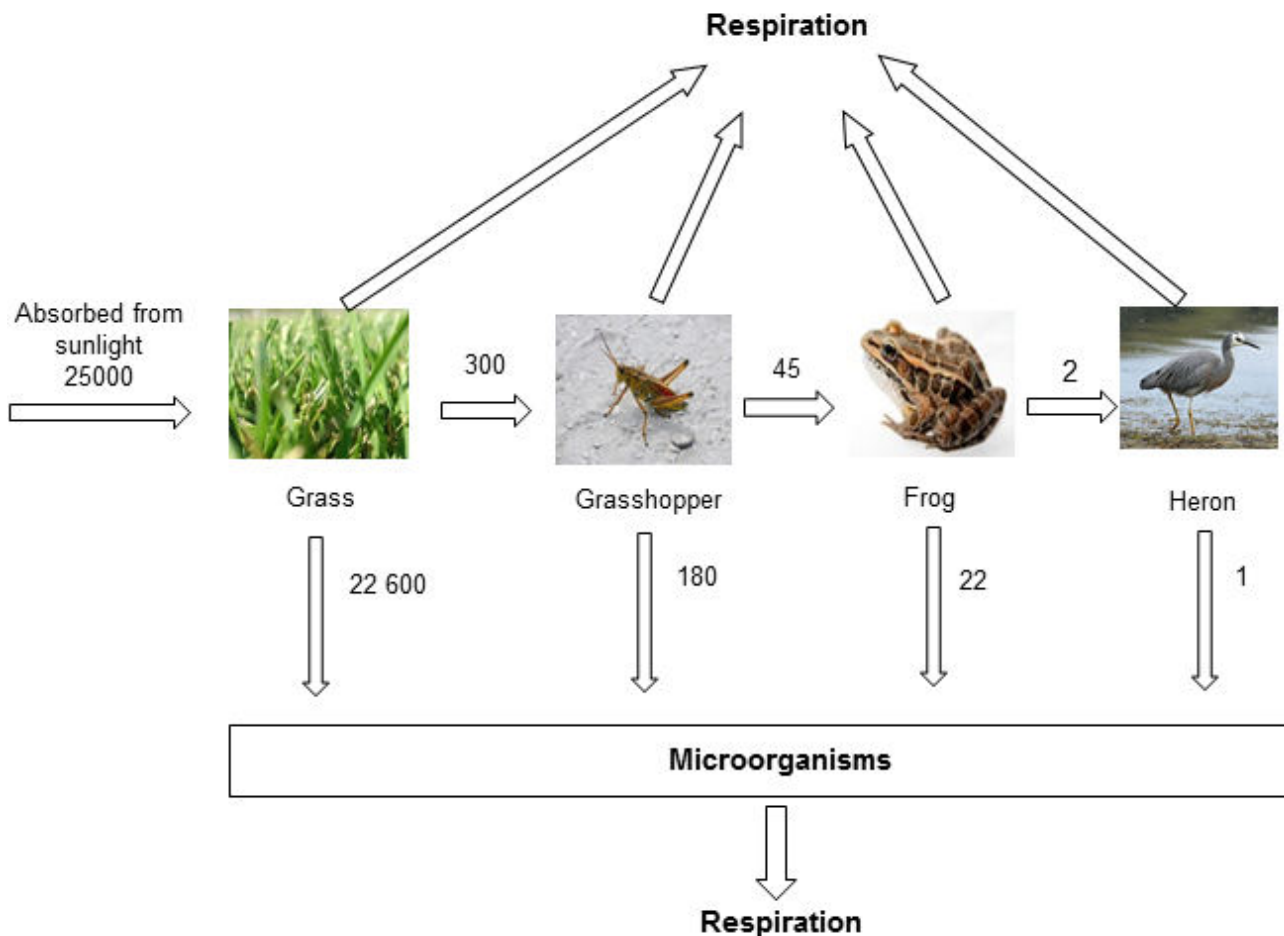
2

(2)
(Total 5 marks)

25

The diagram shows the annual energy flow through 1 m² of a habitat.

The unit, in each case, is kJ per m² per year.



(a) Calculate the percentage of the energy absorbed by the grass from sunlight that is transferred to the frog.

Show clearly how you work out your answer.

.....

Answer %

(2)

(b) All of the energy the grass absorbs from the sun is eventually lost to the surroundings.

In what form is this energy lost?

.....

(1)

(c) Food chains are usually **not** more than five organisms long.

Explain why.

To gain full marks you must use data from the diagram.

.....
.....
.....
.....

(2)

(d) In this habitat microorganisms help to recycle materials.

Explain how.

.....
.....
.....
.....
.....
.....

(3)

(Total 8 marks)

Grass by Catarina Carvalho from Lisboa, Portugal (Flickr) [CC-BY-2.0], via Wikimedia Commons. Grasshopper by I, Daniel Schwen [GFDL, CC-BY-SA-3.0], via Wikimedia Commons. Frog by Brian Gratwicke (Pickerel Frog) [CC-BY-2.0], via Wikimedia Commons. Heron by Glen Fergus (Own work, Otago Peninsula, New Zealand) [CC-BY-SA-2.5], via Wikimedia Commons.

26

Doctors use dialysis to treat patients with kidney failure.

The table shows the sizes of molecules of some of the substances found in blood plasma.

Substance	Size of molecule in arbitrary units
Water	18
Sodium ion	23
Urea	60
Glucose	180
Albumin (a blood protein)	68 000

(a) Use information from the table to answer the questions.

(i) Albumin is a blood protein. Albumin is **not** removed from the blood during dialysis.

Explain why.

.....

.....

.....

.....

(2)

(ii) During a dialysis session, one patient's body mass decreased by 2 kilograms.

This decrease was mainly due to removal from the blood of one of the substances in the table.

Which substance was this?

(1)

(iii) The substance you named in part (a)(ii) was able to pass through the dialysis membrane.

Draw a ring around the correct answer to complete the sentence.

The substance passed through because the

membrane was

impermeable.
partially permeable.
surrounded by capillaries.

(1)

(b) For most patients, a kidney transplant is better than continued treatment using dialysis.

Kidney transplants have some disadvantages.

Give **two** disadvantages of kidney transplants.

1

.....

2

.....

(2)
(Total 6 marks)

27

Use your knowledge of how the kidney works to answer the following questions.

(a) Blood plasma contains mineral ions, glucose, urea and proteins.

Explain why urine contains mineral ions and urea, but **no** glucose or protein.

.....

.....

.....

.....

.....

.....

.....

.....

(4)

- (b) A man ate and drank the same amounts of the same substances and he did the same amount of exercise on two different days. On one of the two days the weather was hot and on the other day the weather was cold.

The man's urine contained a higher concentration of mineral ions and urea on the hot day than on the cold day.

Explain why.

.....

.....

.....

.....

.....

.....

.....

.....

(4)
(Total 8 marks)

28

When animals die, they usually fall to the ground and decay.
In 1977 the body of a baby mammoth was discovered.
The baby mammoth died 40 000 years ago and its body froze in ice.

The picture shows the mammoth.



By Thomas Quine [CC BY-SA 2.0], via Wikimedia Commons

(a) Explain why the body of the baby mammoth did **not** decay.

.....

.....

.....

.....

(2)

- (b) Mammoths are closely related to modern elephants. The pictures show these two animals.

What scientists think a mammoth looked like

Modern elephant



By WolfmanSF (Own work) [CC-BY-SA-3.0], via Wikimedia Commons

By Caitlin from Hertfordshire, UK [CC-BY-2.0], via Wikimedia Commons

Mammoths are *extinct*. What does *extinct* mean?

.....

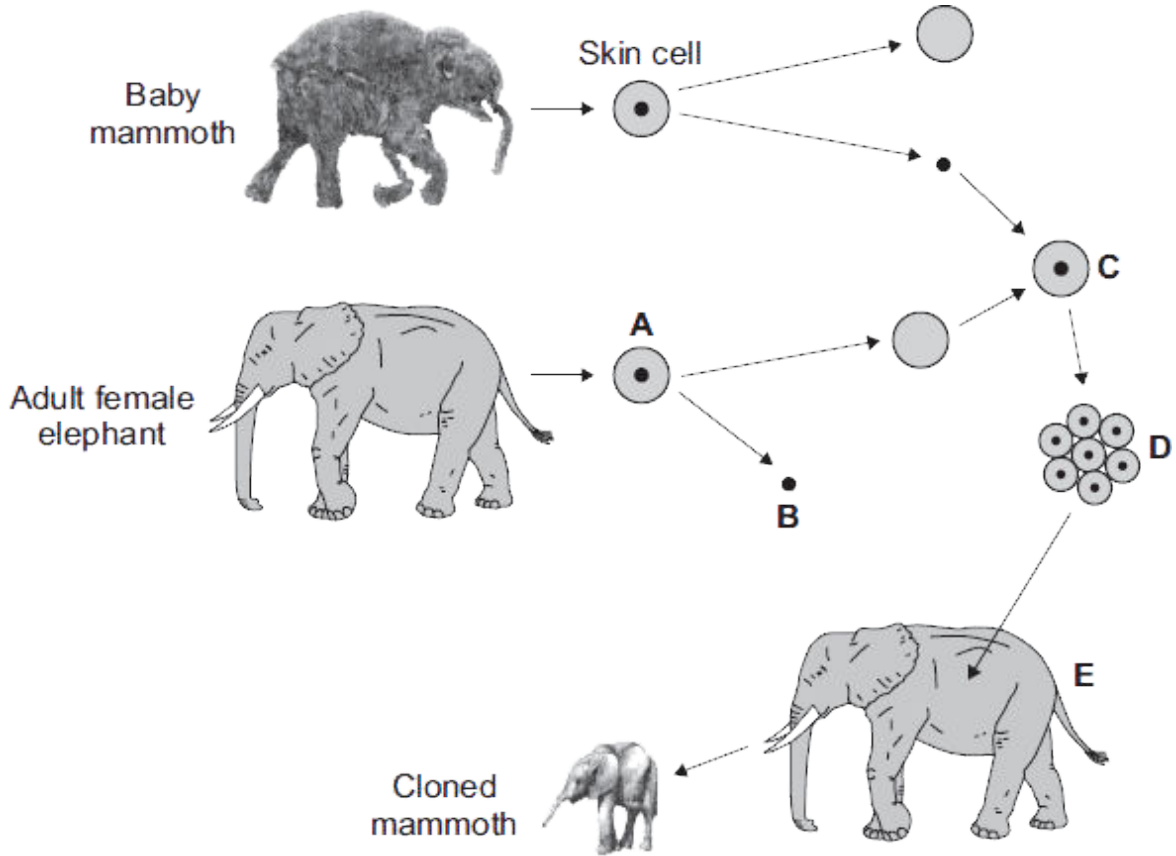
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(1)

(c) Scientists believe they may be able to use adult cell cloning to recreate a living mammoth.

The scientists will use a skin cell from the baby mammoth.

The diagrams show how the skin cell will be used.



In each question, draw a ring around the correct answer.

(i) What type of cell is cell **A**?

- skin cell egg cell sperm cell

(1)

(ii) Part **B** is removed from cell **A**.

What part of the cell is part **B**?

- nucleus cytoplasm cell membrane

(1)

(iii) After cell **C** is formed, it divides into embryo cells.

What is done to cell **C** to make it divide?

Cell **C** is

treated with enzymes.
mixed with sperm cells.
given an electric shock.

(1)

(iv) The embryo cells form a ball of cells. The ball of cells will be put into female elephant, **E**.

Which part of elephant **E** is the ball of cells put into?

womb **stomach** **ovary**

(1)

(d) The scientists expect any offspring of the adult cell cloning to look like a mammoth and **not** like an elephant.

Why?

.....
.....

(1)

(Total 8 marks)

29

The volume of water the body needs depends on a number of factors.

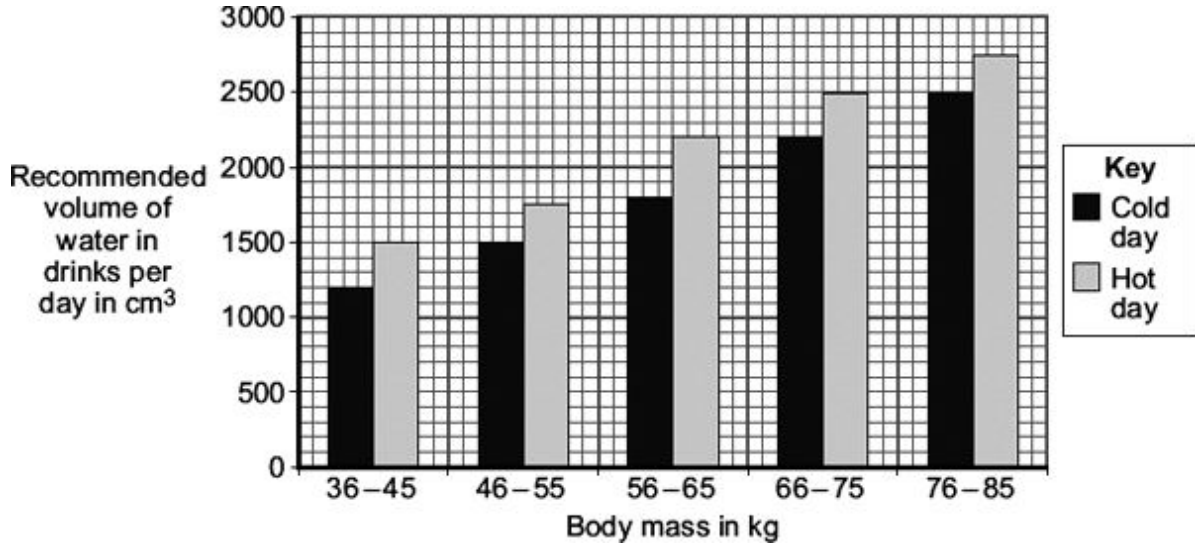
(a) Water enters the body in drinks.

Give **one** other way the body can get water.

.....

(1)

- (b) The chart shows the recommended volume of water that women of different body masses should drink, on a cold day and on a hot day.



- (i) Describe the relationship between body mass and the recommended volume of water that a woman should drink.

.....

(1)

- (ii) What is the recommended volume of water that a 70 kg woman should drink on a cold day?

..... cm³

(1)

- (iii) While following a diet, the 70 kg woman loses 10 kg of body mass.

Calculate how much less water she is recommended to drink on a cold day.

Use information from the chart.

Show clearly how you work out your answer.

.....

Answer = cm³

(2)

(c) It is recommended that women should drink more water on a hot day than on a cold day.

Why?

.....
.....
.....
.....

(2)

(d) Excess water is lost from the body in urine.

Name the organ that produces urine.

.....

(1)

(Total 8 marks)

30

It is important that the concentration of glucose (sugar) in the blood is controlled.

(a) (i) Which hormone controls the concentration of glucose in the blood?

.....

(1)

(ii) Which organ produces this hormone?

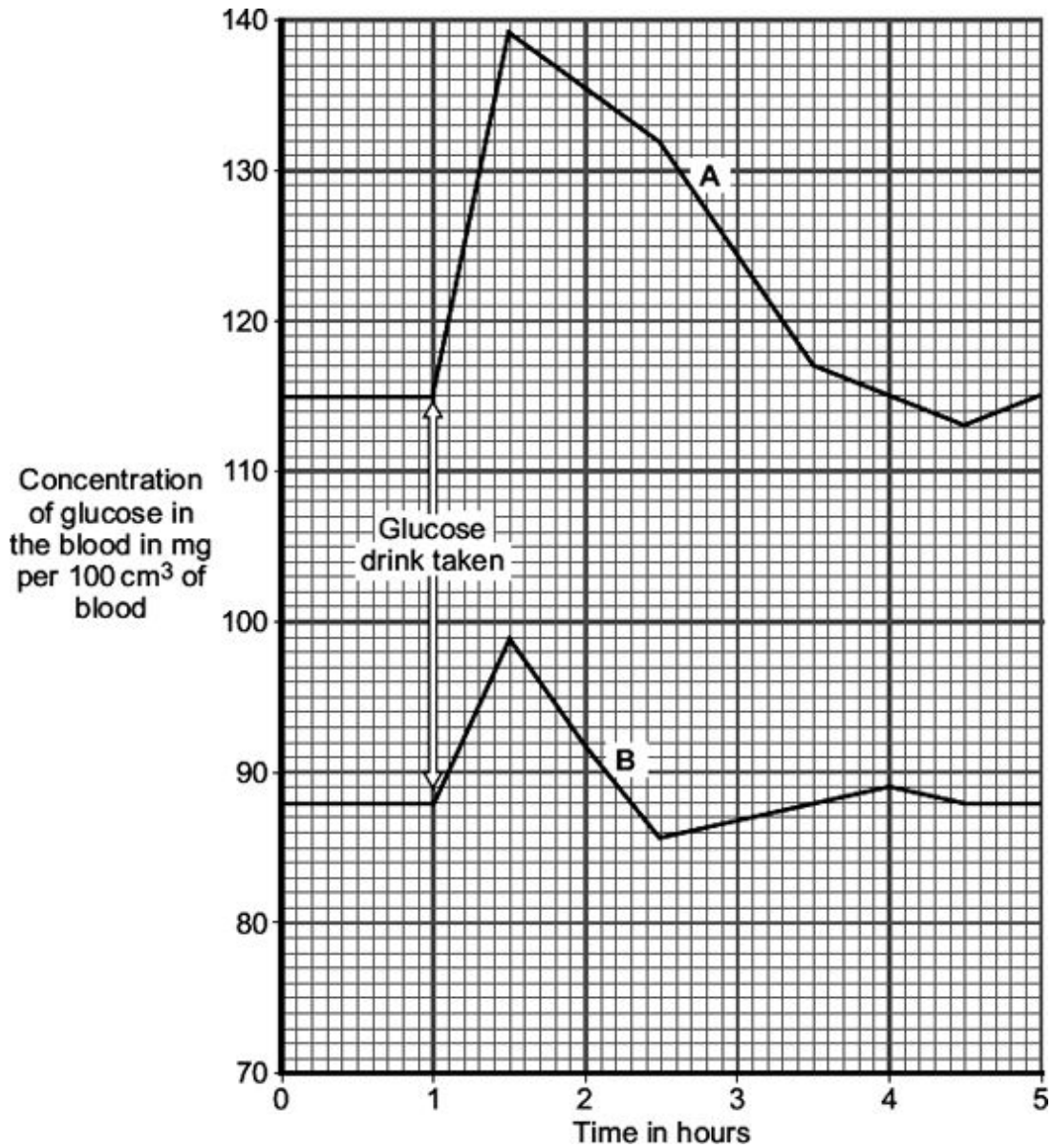
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(1)

- (b) The concentration of glucose in the blood of two people, **A** and **B**, was measured every half an hour.

One hour after the start, both people drank a solution containing 50 g of glucose.

The graph shows the result.



- (i) By how much did the blood glucose concentration in person **B** rise after drinking the glucose drink?

..... mg per 100 cm³ of blood

(1)

(ii) A doctor suggests that person **A** has diabetes.

Give **two** pieces of evidence from the graph to support this suggestion.

1

.....

2

.....

(2)

(iii) Give **one** reason for the fall in blood glucose concentration in person **B**, shown in the graph.

.....

(1)

(Total 6 marks)

31

One group of scientists is working in a hot desert and another group is working in a tropical rainforest.

The table shows information about the scientists and the conditions in the desert and the rainforest.

Information	Hot desert	Rainforest
Mean core body temperature of scientists in °C	37.3	38.9
Air temperature in °C	36.0	35.5
Mean percentage concentration of moisture in the air	9.0	92.0
Mean wind speed at ground level in metres per second	12.0	3.0

- (a) Both groups of scientists are doing similar jobs. The jobs cause the scientists to sweat a lot.

Use information from the table to explain the difference in the mean core body temperature of the two groups of scientists.

.....

.....

.....

.....

.....

(2)

(b) Changes to blood vessels in the skin help to decrease body temperature.

Explain how.

.....

.....

.....

.....

.....

(2)
(Total 4 marks)

32

The kidneys produce urine.

The table shows the composition of a sample of urine from one person.

Substance	Percentage
Ions	2.5
Urea	2.6
Water	

(a) (i) Calculate the percentage of water in this sample of urine.

Show clearly how you work out your answer.

.....

.....

Percentage of water = %

(2)

- (ii) The urine of a healthy person does **not** contain protein.

What is the reason for this?

Tick (✓) **one** box.

Protein molecules in the plasma cannot pass through the filter in the kidney.

Protein molecules in the plasma can pass through the filter in the kidney and are then reabsorbed.

There are no protein molecules in the plasma.

(1)

- (b) Dialysis can be used to treat a person with kidney disease.

Draw a ring around the correct answer to complete each sentence.

- (i) The dialysis machine contains membranes that are

fully permeable.

impermeable.

partially permeable.

(1)

- (ii) At the end of a dialysis session, the concentration of substances in the blood would be

higher than

lower than

the same as

the concentration of substances in the dialysis fluid.

(1)

(c) For most patients, a kidney transplant is better than continued treatment by dialysis.

Kidney transplants have some disadvantages.

Give **one** disadvantage of a kidney transplant.

.....
.....

(1)
(Total 6 marks)

33

Blood plasma is a solution of glucose, and many other substances, in water.

The urine of a healthy person contains water but does not contain glucose.

(a) Name **two** more substances found in the urine of a healthy person.

1

2

(2)

(b) (i) Describe what happens to the glucose in the blood of a healthy person when the blood enters the kidney.

.....
.....
.....
.....
.....
.....
.....

(3)

(ii) A diabetic person's blood often contains a high concentration of glucose.

The urine of a diabetic person may contain glucose.

Suggest an explanation why.

.....

.....

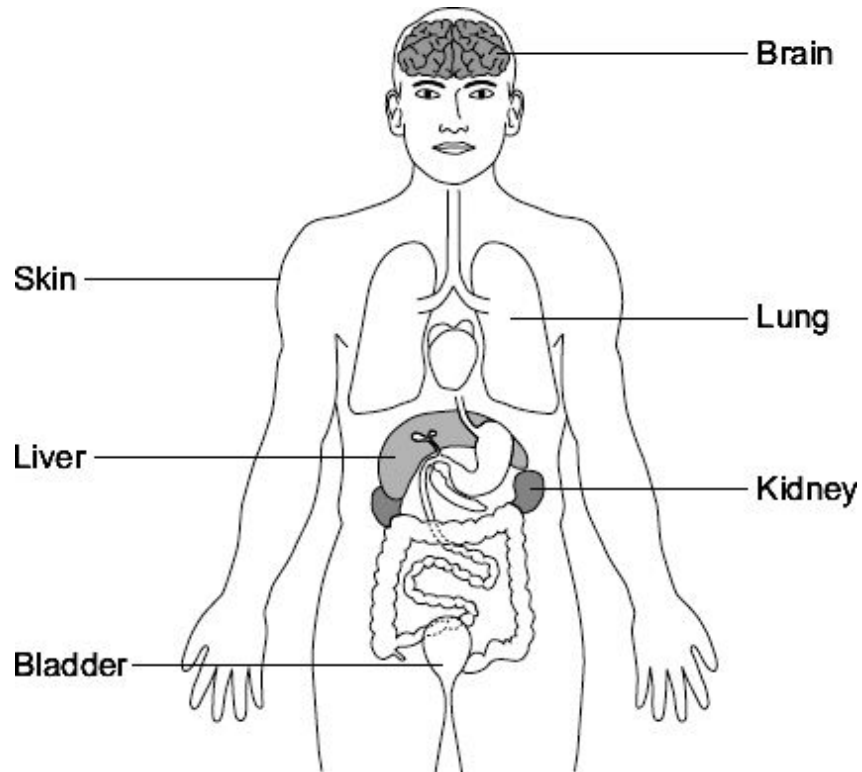
.....

.....

(2)
(Total 7 marks)

34

(a) The diagram shows organs which help to control conditions inside the body.



Draw a ring around the correct answer to complete each sentence.

(i) Carbon dioxide is removed from the body by the

- kidney.
- lung.
- skin.

(1)

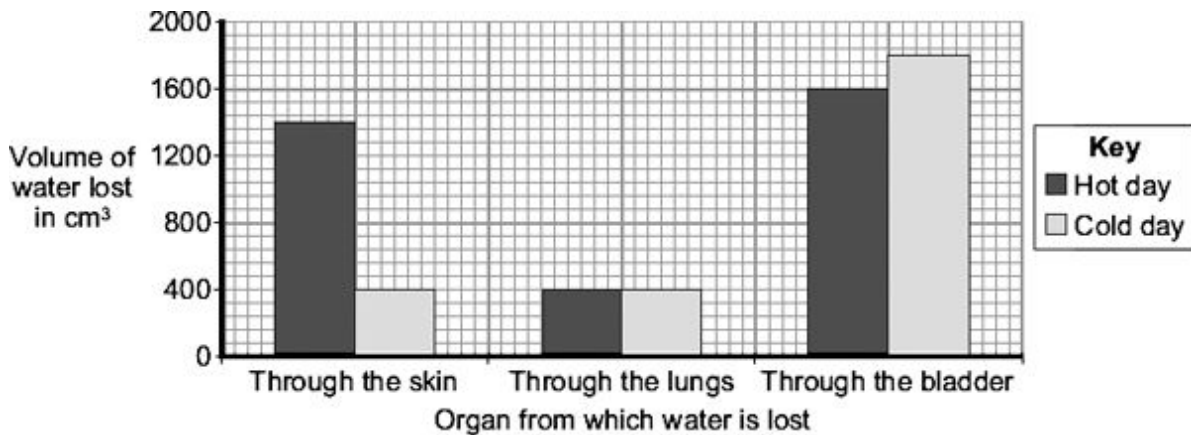
(ii) Urine is made in the kidney.
lung.
skin.

(1)

(iii) Urine is stored in the bladder.
liver.
skin.

(1)

(b) The bar chart shows the volume of water lost from different organs of the body. The information is shown for a hot day and for a cold day.



(i) Look at the bar chart.

How does the volume of water lost on the hot day compare with the volume of water lost on the cold day for each organ?

Complete the table using words from the box.

the same	less	more
-----------------	-------------	-------------

Organ	Volume of water lost on a hot day compared with volume of water lost on a cold day
Skin	
Lungs	
Bladder	

(3)

(ii) In total, more water is lost on the hot day than on the cold day.

How does the increase in the volume of water lost on the hot day help to control the body temperature?

.....
.....

(1)
(Total 7 marks)

35

In diabetics blood glucose concentrations are sometimes abnormal.

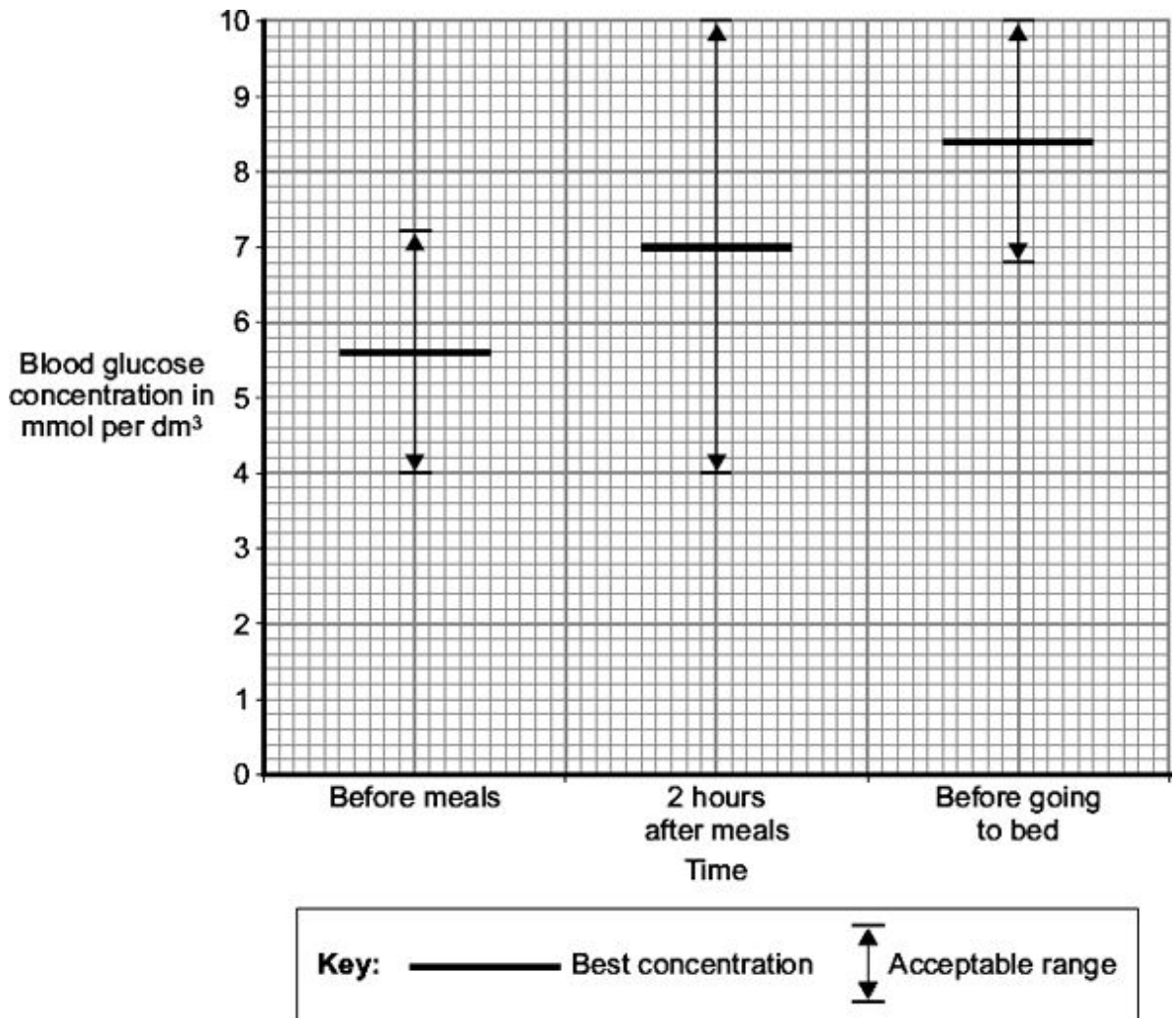
(a) Name the organ that monitors the concentration of glucose in the blood.

.....

(1)

(b) Diabetics can measure their blood glucose concentration.

The graph shows the best blood glucose concentration and the acceptable range of blood glucose concentration at different times.



What is the acceptable range for the blood glucose concentration before meals?

From to mmol per dm³

(1)

(c) The amount of insulin a diabetic injects can be changed so that blood glucose concentration is kept near to the best level.

Two hours after eating breakfast a diabetic measures his blood glucose concentration. His blood glucose concentration is 13 mmol per dm^3 .

He reads these instructions:

- for every 2 mmol per dm^3 of blood glucose *above* the best concentration, inject 1 unit *more* of insulin
- for every 2 mmol per dm^3 of blood glucose *below* the best concentration, inject 1 unit *less* of insulin.

How should he change his normal insulin injection to bring his blood glucose level to the best concentration?

Show clearly how you work out your answer.

.....

.....

.....

.....

.....

.....

.....

.....

.....

Answer =

(3)
(Total 5 marks)

36

The temperature in a sauna is much hotter than core body temperature.

A woman sits in a sauna.

The high temperature of the sauna causes the woman's core body temperature to rise.

(a) When the woman's core body temperature rises, the woman's rate of sweating increases.

Explain why.

.....
.....
.....
.....

(2)

(b) The woman comes out of the sauna.

The woman's skin looks redder than when she went into the sauna.

Describe what happened to the blood circulation in her skin to cause this change in colour.

.....
.....
.....
.....

(2)

(c) After coming out of the sauna the woman gets into a bath of icy water.

This makes the woman shiver.

(i) What process brings about shivering?

.....
.....

(1)

(ii) Shivering increases body temperature.

Explain how.

.....

.....

.....

.....

(2)
(Total 7 marks)

37

(a) Urine contains mineral ions, and other substances, dissolved in water.

What effect will each of the activities in **Table 1** have on the concentration of mineral ions in the urine?

Use words from the box to complete **Table 1**.

increase	decrease	stay the same
-----------------	-----------------	----------------------

Table 1

Activity	Concentration of mineral ions in urine
Drinking a large bottle of water	
Eating salty foods such as potato crisps	

(2)

(b) A person with kidney disease may be treated by having a kidney transplant.

Table 2 shows the effect of a person's age on the success of a kidney transplant.

Table 2

	Age of patient	
	50-59 years	Over 60 years
Percentage of kidneys rejected	38	23
Percentage of kidneys which continued to work for at least 5 years	82	87
Percentage of patients who survived for at least 10 years	82	76

Some doctors think that people over 60 years of age should not be given transplants.

From the data in the table, do you agree with these doctors?

Draw a ring around your answer. **Yes / No**

Give **two** reasons for your answer.

1

.....

2

.....

(2)
(Total 4 marks)

38

Urine consists of water, ions and other substances such as urea.

Urine is formed in the kidney by filtering the blood.

The diameter of the pores in the filter is about 6 nanometres.

The table shows the diameters of the molecules of some of the substances in the blood.

Substance	Diameter of molecule in nanometres
A	10 to 20
B	1.0
C	0.6
D	0.5
E	0.2

Use information from the table and your own knowledge to answer the questions.

(a) (i) Which substance, **A**, **B**, **C**, **D** or **E**, is protein?

(1)

(ii) Explain why protein is **not** found in the urine of a healthy person.

.....

.....

(1)

(b) Haemolytic anaemia is a disease in which some of the red blood cells burst open.

Small amounts of haemoglobin may be found in the urine of a person suffering from haemolytic anaemia.

The diameter of a haemoglobin molecule is 5.5 nanometres.

Haemoglobin is **not** found in the urine of a healthy person, but can be found in the urine of a person with haemolytic anaemia.

Explain why.

.....

.....

.....

.....

.....

.....

.....

.....

(3)
(Total 5 marks)

39

Our bodies control the concentration of glucose in the blood.

Draw a ring around the correct answer to complete each sentence.

(a) The concentration of glucose in the blood is controlled by a

hormone called

carbohydrase.
insulin.
protease.

(1)

(b) This hormone is produced by the

intestine.
stomach.
pancreas.

(1)

(c) If the body does not produce enough of this hormone,

the person develops

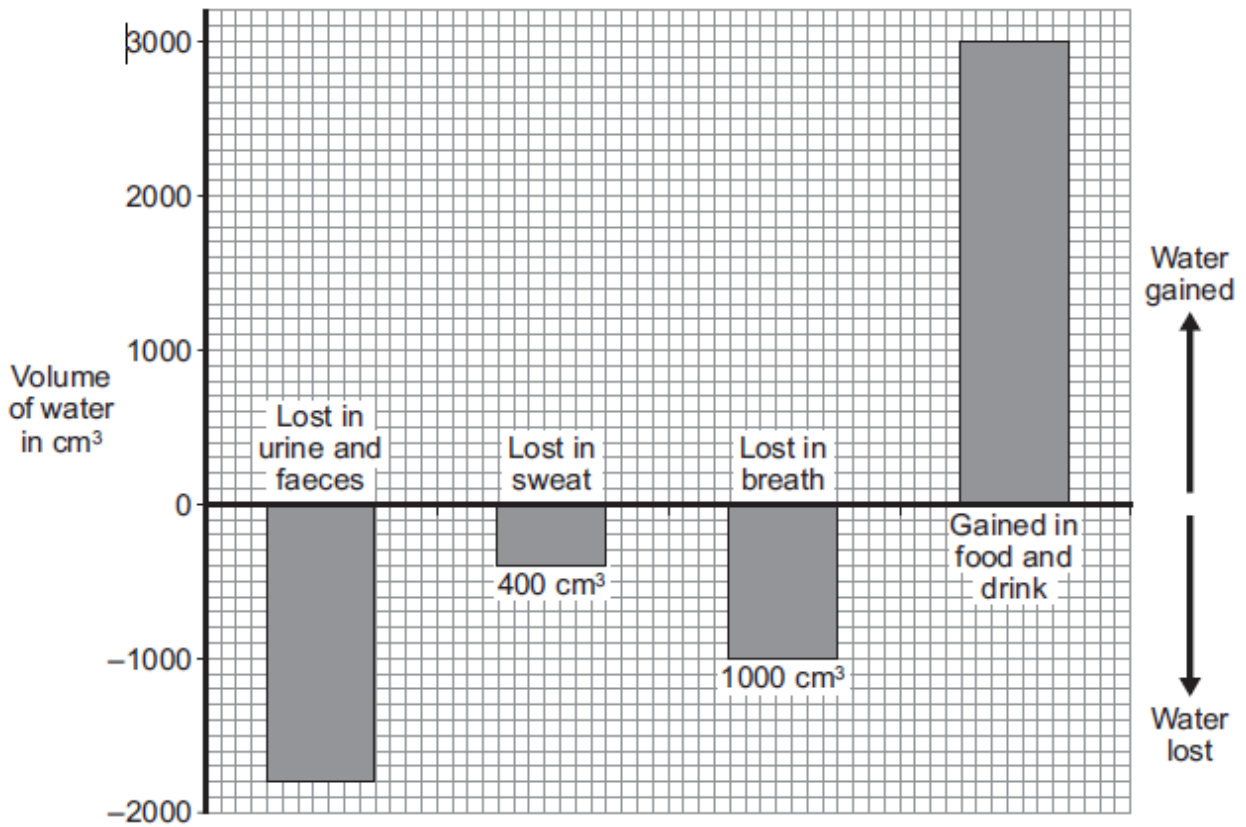
diabetes.
cystic fibrosis.
Huntington's disease.

(1)
(Total 3 marks)

40

The bar chart shows different ways in which water is lost from and gained by the body on one day.

The volumes of water lost in the sweat and in the breath are labelled on the bars.



(a) How much water was lost in the urine and faeces? cm³

(1)

(b) Water is lost from the body in urine, faeces, sweat and breath.

What was the total volume of water lost from the body on this day?

Show clearly how you work out your answer.

.....
.....

Answer = cm³

(2)

(c) The volume of water lost should balance the volume of water gained.

What should the person do to balance the water gained with the water lost?

.....
.....
.....
.....

(2)

(Total 5 marks)

41 A walker falls through thin ice into very cold water.



The walker's core body temperature falls. He may die of hypothermia (when core body temperature falls too low).

(a) (i) Which part of the brain monitors the fall in core body temperature?

.....

(1)

(ii) How does this part of the brain detect the fall in core body temperature?

.....
.....
.....
.....

(2)

(b) While in the water the walker begins to shiver.

Shivering helps to stop the core body temperature falling too quickly.

Explain how.

.....
.....
.....
.....

(2)

(c) The walker had been drinking alcohol.

Alcohol causes changes to the blood vessels supplying the skin capillaries, making the skin look red.

(i) Describe the change to the blood vessels.

.....
.....

(1)

(ii) The walker is much more likely to die of hypothermia than someone who has not been drinking alcohol.

Explain why.

.....
.....
.....
.....

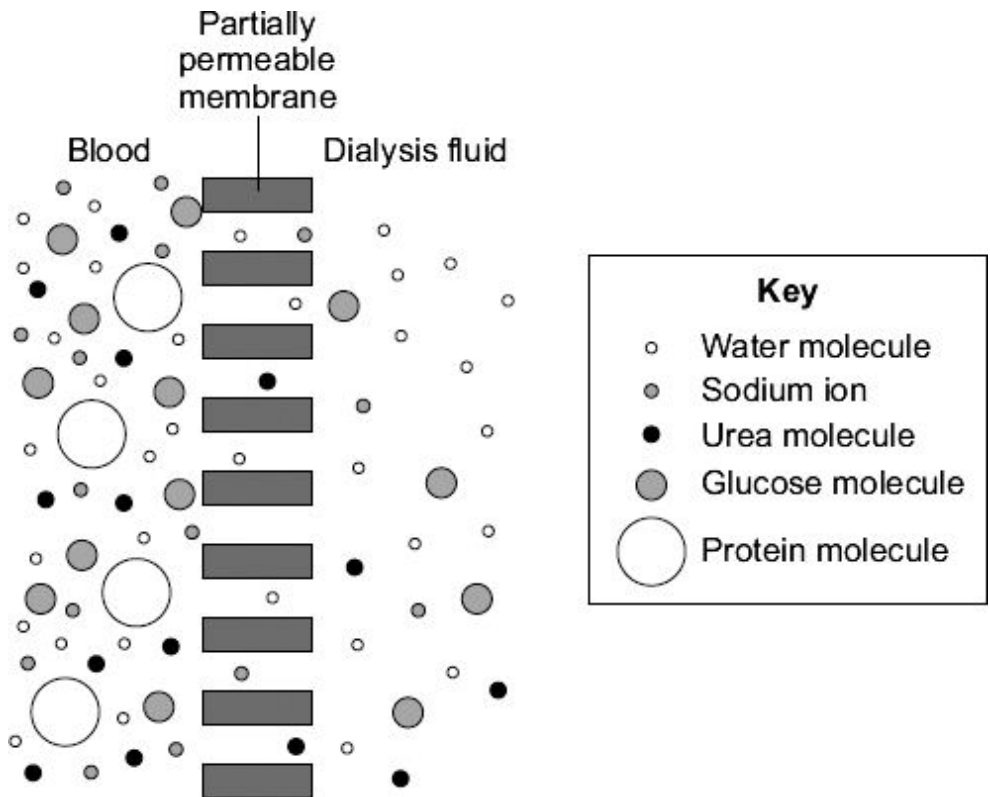
(2)

(Total 8 marks)

42

Dialysis can be used to treat a person with kidney disease.

The diagram shows blood and dialysis fluid separated by a partially permeable membrane.



Blood plasma and dialysis fluid contain several substances dissolved in water.

The table shows the concentrations of some of these substances in dialysis fluid and in the blood plasma of a person with kidney disease immediately before dialysis.

Substance	Concentration of substance in grams per dm ³	
	Blood plasma of person with kidney disease	Dialysis fluid
Sodium ions	3.26	3.15
Urea	0.45	0.00
Glucose	0.90	0.99
Protein	60.00	0.00

(a) Protein molecules are **not** able to move from the blood to the dialysis fluid. Use information from the diagram to explain why.

.....

.....

(1)

(b) Urea molecules move from the blood into the dialysis fluid.

(i) Give the name of this type of movement.

(1)

(ii) Why do the urea molecules move in this direction?

Use information from the table to help you to answer this question.

.....
.....

(1)

(c) The concentration of sodium ions in the blood plasma will change during dialysis.

Suggest a value for the concentration of sodium ions in the plasma at the end of dialysis.

Use information from the table.

Concentration of sodium ions = grams per dm³

(1)

(d) For most patients a kidney transplant is better than continued treatment by dialysis.

(i) Give **two** advantages of having a kidney transplant rather than treatment by dialysis.

1
.....

2
.....

(2)

(ii) Give **two** possible disadvantages of having a kidney transplant.

1
.....

2
.....

(2)

(Total 8 marks)

43

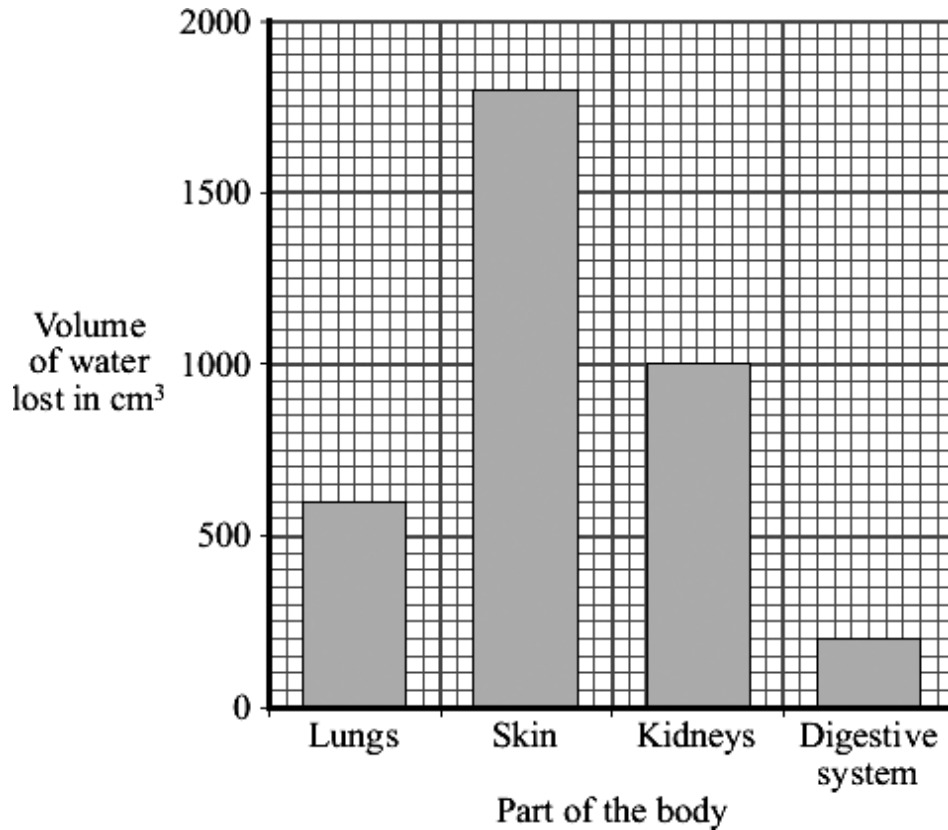
Water is lost from several parts of the body.

(a) Draw **one** line from each body part to the substance in which water is lost.

Body Part	Substance
Kidneys	Urine
Lungs	Faeces
Skin	Sweat
	Breath

(3)

- (b) The bar chart shows the volume of water a person lost from different parts of the body during a warm day.



- (i) What volume of water was lost through the skin on the warm day?

Tick (✓) **one** box.

- 600 cm³
- 1600 cm³
- 1800 cm³

(1)

- (ii) What effect would colder weather have on the amount of water lost through the skin?

Draw a ring around your answer.

decreases **increases** **stays the same**

(1)

(iii) Give a reason for your answer.

.....
.....

(1)

(c) What effect does cold weather generally have on the amount of urine produced?

Draw a ring around your answer.

decreases

increases

stays the same

(1)

(Total 7 marks)

44

Diabetes is a disease in which blood glucose (sugar) concentration may rise more than normal.

(a) Which organ in the body monitors this rise in blood sugar?

Draw a ring around your answer.

liver

pancreas

stomach

(1)

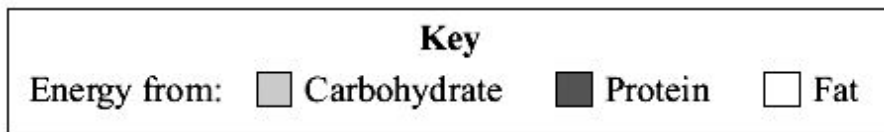
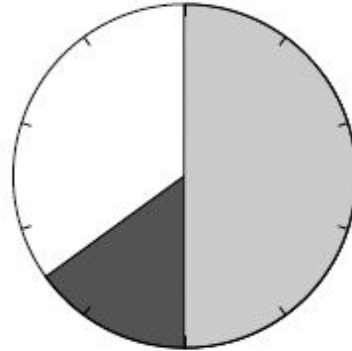
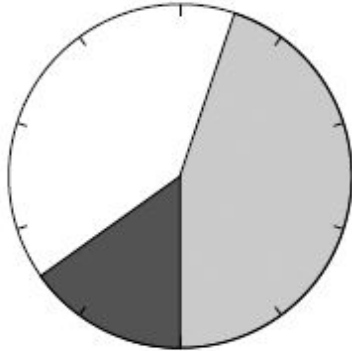
(b) One way of treating diabetes is by careful attention to diet.

Chart 1 shows the recommended diet for a person with diabetes.

Chart 2 shows a diet for a person without diabetes.

Chart 1 Person with diabetes

Chart 2 Person without diabetes



How is the recommended diet of a person with diabetes different from the diet of a person without diabetes?

Use information from the charts.

Tick (✓) **two** box.

The diabetic should get more energy from fat.

The diabetic should get more energy from protein.

The diabetic should get less energy from carbohydrate.

The diabetic should get less energy from protein.

(2)

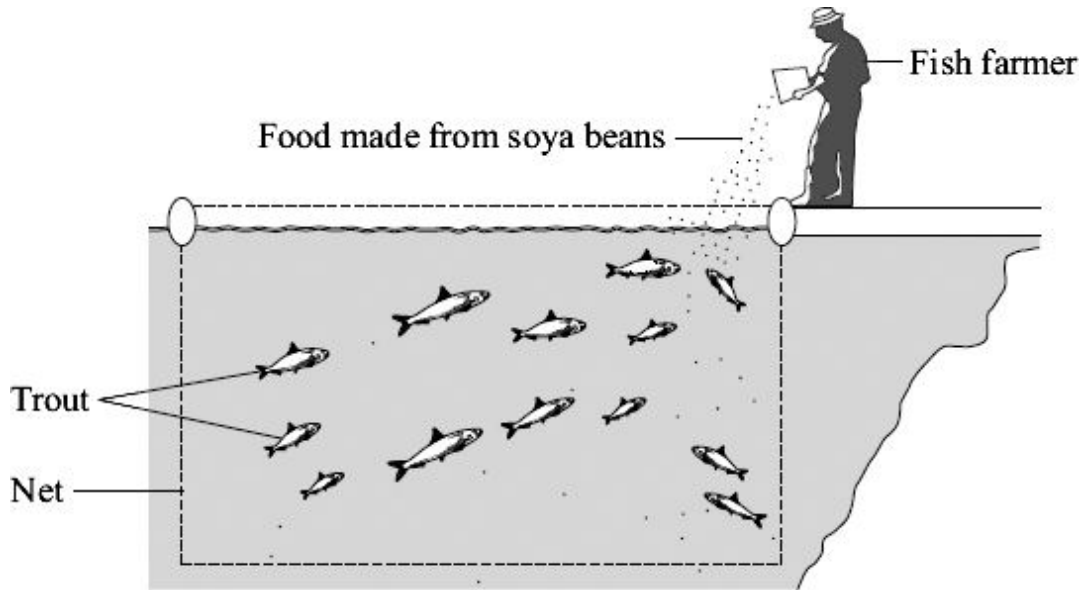
(c) Other than diet, give **one** way in which diabetes may be treated.

.....
.....

(1)
(Total 4 marks)

45

A fish farmer keeps trout in a large net in a lake.



The fish farmer feeds the trout on food made from soya beans.

When the trout are large enough the farmer sells them for food for people.

(a) Draw a pyramid of biomass for the three organisms in this food chain.

Label the pyramid.

(2)

(b) It would be more energy efficient if people ate the soya beans rather than eating the trout.

Which **two** of the following are reasons for this?

Tick (✓) **two** boxes.

- Some people do not like eating animals such as trout.
- The trout release energy when they respire.
- Soya bean plants release energy when they respire.
- Some energy will be lost in waste from the trout.
- Soya bean plants absorb energy during photosynthesis.

(2)

(c) Suggest **one** advantage to the fish farmer of keeping the trout in a large net instead of letting them swim freely in the lake.

.....
.....

(1)

(d) Some trout die before they are large enough to be sold.
The dead trout contain carbon.

Use your knowledge of the carbon cycle to describe how this carbon is returned to the atmosphere after the trout die.

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.....
.....
.....

(2)

(Total 7 marks)

46

(a) (i) Which organ in the body monitors the concentration of glucose (sugar) in the blood?

.....

(1)

(ii) In a healthy person, insulin prevents high levels of glucose in the blood.

How does it do this?

.....

.....

(1)

(b) There are two forms of diabetes.

In type 1 diabetes, the body produces little or no insulin.

In type 2 diabetes, the body cells do not respond to insulin.

There are two ways in which diabetes can be treated.

Draw lines to join the type of diabetes to the way or ways in which it can be treated.

Type of diabetes

Treatment

Type 1

Careful attention to diet only

Careful attention to diet **and** injection of insulin

Type 2

Injection of insulin only

(2)

(c) To make insulin, cells in the pancreas need amino acids.
A *small section of DNA* in the pancreas cells is involved in making insulin from the amino acids.

(i) Insulin is a hormone.

What type of substance is insulin?

Draw a ring around **one** answer.

carbohydrate

lipid

protein

(1)

(ii) What term is used to describe the *small section of DNA* which controls the production of insulin?

.....

(1)

(iii) Amino acids cannot be stored in the body.

Describe, as fully as you can, what happens to the excess amino acids.

You may wish to use the following words in your explanation:

liver

kidneys

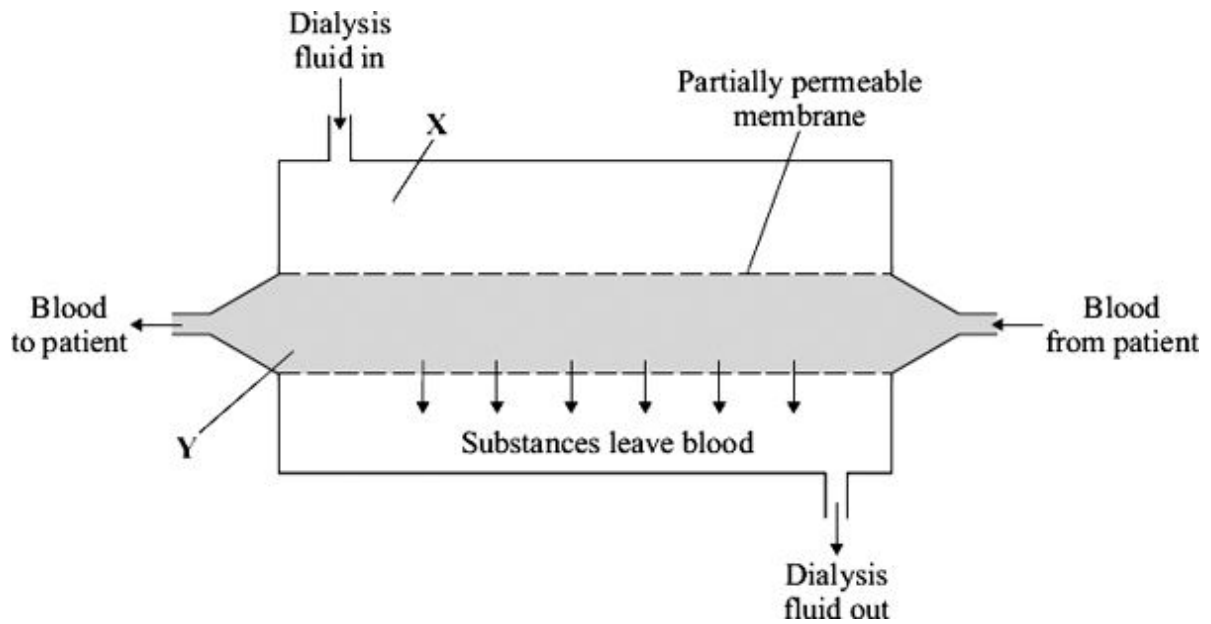
bladder

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(3)
(Total 9 marks)

47

People with kidney disease may be treated by dialysis.
The diagram shows a dialysis machine.



- (a) Draw a ring around the correct answer to complete each sentence.

A person loses mass during dialysis. One patient lost 2.2 kilograms during a dialysis session.

- (i) This person lost mass mainly because the substance

salt
urea
water

was removed from the blood.

(1)

- (ii) This substance was able to pass through the partially permeable membrane

because its molecules are

large.
round.
small.

(1)

(iii) The concentration of sodium ions at **X** is 3.15 grams per dm³.

At the end of a dialysis session, the most likely concentration of sodium ions

at **Y** would be

0.00
3.15
6.85

 grams per dm³.

(1)

(b) The table shows the cost, in the UK, of treating one patient who has kidney disease.

Treatment	Cost per year in pounds
Dialysis	30 000
Kidney transplant: operation + first year's medical care medical care in each further year	51 000 5 000

(i) During the first year, dialysis treatment is cheaper than a kidney transplant.

How much cheaper is dialysis treatment? pounds

(1)

(ii) After some time, the cost of treating a patient by a transplant operation would be cheaper than continual treatment by dialysis.

How many years would it take?

Draw a ring around **one** answer.

2 years

3 years

4 years

(1)

(iii) A transplant patient needs to take drugs for the rest of his life to suppress the immune system.

Why is this necessary?

.....
.....

(1)

(Total 6 marks)

48

A person had diseased kidneys.

The table shows the concentrations of dissolved substances in this person's urine.

Substance	Concentration in grams per dm ³
Protein	6
Glucose	0
Amino acids	0
Urea	21
Mineral ions	19

(a) One of the substances found in this person's urine would **not** be found in the urine of a healthy person.

(i) Name this substance.

(1)

(ii) Explain why this substance would **not** be found in the urine of a healthy person.

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.....
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(2)

(b) A person with diseased kidneys may be treated by dialysis.

Explain how dialysis treatment restores the concentrations of dissolved substances in the blood to normal levels.

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(4)
(Total 7 marks)

49

Drinking after exercise to replace the water lost in sweat is called rehydration. Scientists at a Spanish university investigated rehydration after exercise.

- 24 students took part in the investigation.
- All the students ran on a treadmill in a temperature of 40 °C until they were exhausted.
- 12 of the students were each given half a litre of beer to drink.
- The other 12 students were each given half a litre of tap water to drink.
- Both groups of students were then allowed to drink as much tap water as they wanted.
- The scientists measured how quickly each student rehydrated.
- The students who had been given beer rehydrated 'slightly better' than the ones given only water.

A newspaper reported the investigation.

The headline was



The newspaper headline was **not** justified.

Explain why.

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(Total 3 marks)

50

Diabetes is a disease in which the concentration of glucose in a person's blood may rise to fatally high levels. Insulin controls the concentration of glucose in the blood.

(a) Where is insulin produced?

Draw a ring around **one** answer.

gall bladder liver pancreas

(1)

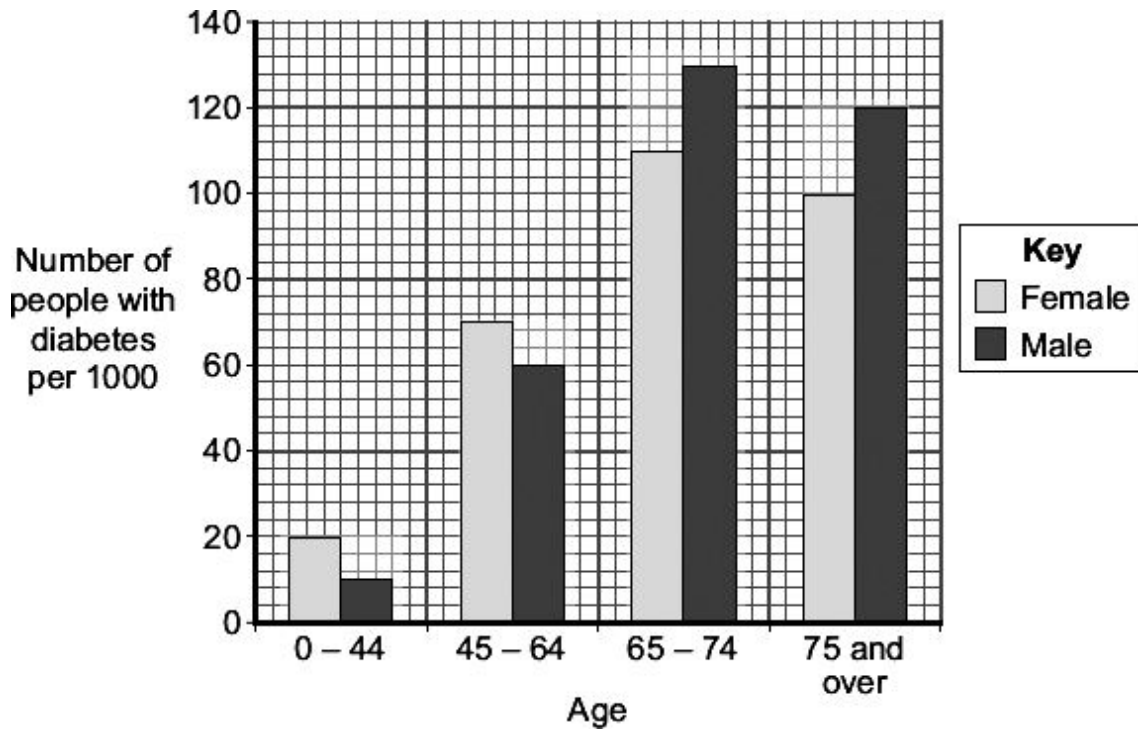
(b) Diabetics may control their blood glucose by injecting insulin.

Apart from using insulin, give **one** other way diabetics may reduce their blood glucose.

.....

(1)

(c) The bar chart shows the number of people with diabetes in different age groups in the UK.



(i) Describe how the number of males with diabetes changes between the ages of 0 - 44 and 75 and over.

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(3)

(ii) Compare the number of males and females with diabetes:

between the ages of 0 and 64 years

.....
.....

over the age of 65.

.....
.....

(2)
(Total 7 marks)

51

Conditions inside the body must be kept constant.

(a) Urea must be removed from the body.

(i) Name the organ which makes urea.

.....

(1)

(ii) Which organ removes urea from the body?

.....

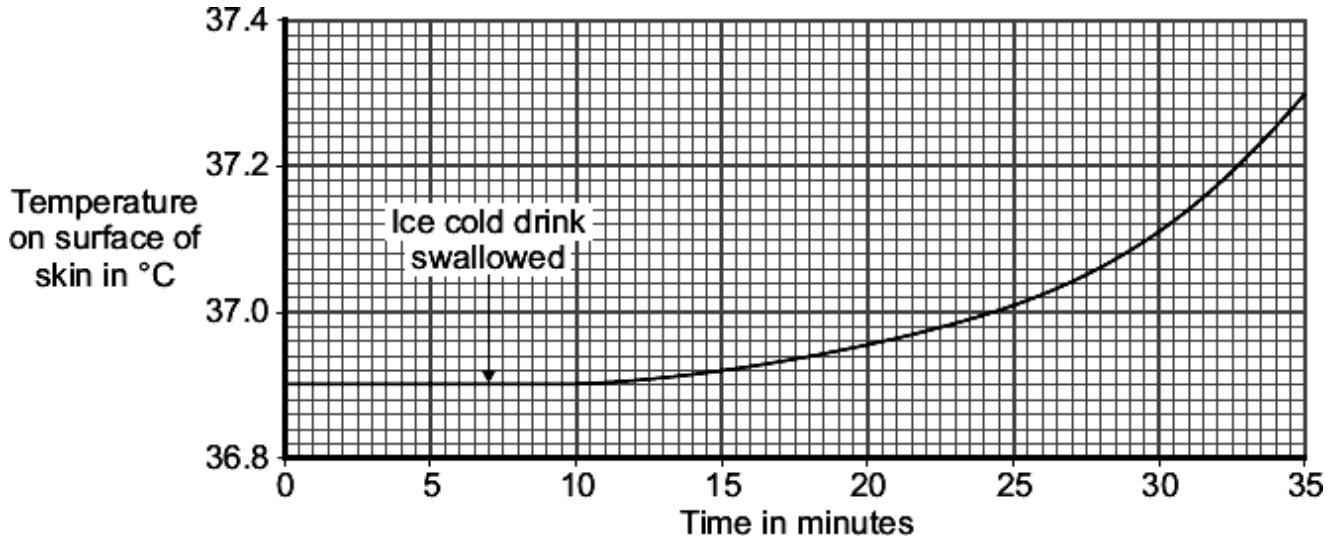
(1)

(iii) What is urea made from?

.....

(1)

A man sat in a room where the temperature was maintained at 40 °C. The temperature on the surface of his skin was monitored for 35 minutes. He swallowed an ice cold drink at the time indicated on the graph.



- (b) The sweat glands contribute to the change in the temperature on the surface of the skin shown on the graph.

Explain how.

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.....

.....

.....

.....

.....

(2)

- (c) The blood vessels near the surface of the skin also contribute to the changes in skin temperature shown on the graph.

- (i) How do the blood vessels in the skin change when the core body temperature falls?

.....

.....

(1)

- (ii) How does this change in the blood vessels explain the change in the skin temperature shown on the graph?

.....

(1)
 (Total 7 marks)

52

The table shows the concentrations of some substances in the blood plasma, kidney filtrate and urine of one person.

Substance	Concentration in grams per dm ³		
	Plasma	Filtrate	Urine
Protein	78.0	0.0	0.0
Glucose	0.8	0.8	0.0
Urea	0.3	0.3	20.0
Sodium ions	2.8	2.8	3.5

- (a) Draw a ring around the correct answer to complete each sentence.

- (i) Protein is **not** found in the filtrate.

This is because protein molecules are

<p>too large to pass through the filter. used up in respiration. reabsorbed into the blood.</p>

(1)

- (ii) Glucose is found in the filtrate but **not** in the urine.

This is because glucose is

<p>too large to pass through the filter. used up in respiration. passed through the filter, then reabsorbed into the blood.</p>

(1)

- (iii) The concentration of urea is much higher in the urine than in the filtrate.

This is because

urea is made by the kidney.
 water is reabsorbed from the filtrate into the blood.
 glucose and salts are reabsorbed from the filtrate into the blood.

(1)

- (iv) The fluid entering the bladder

will contain

water, protein, glucose, urea and sodium ions.
 water, urea and sodium ions.
 water, glucose, urea and sodium ions.

(1)

- (b) An athlete ran a 10-kilometre race on a cold day. He then ran the same race on a hot day. He ate and drank the same on each day.

Draw a ring round the correct answer to complete each sentence.

- (i) On the **hot** day this athlete will produce

more urine.
 less urine.
 the same amount of urine.

(1)

- (ii) On the **hot** day the athlete's urine will be

more concentrated.
 less concentrated.
 the same concentration.

(1)

(Total 6 marks)

53

Diffusion and active transport take place in healthy kidneys.

(a) Explain what is meant by:

(i) diffusion

.....

.....

.....

(2)

(ii) active transport

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(2)

(b) Describe, as fully as you can, how urine is produced by the kidneys.

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(5)

(Total 9 marks)

54

Waste products, such as carbon dioxide and urea, have to be removed from the body.

Draw a ring around the correct answer to complete each sentence.

(a) Carbon dioxide is produced by

- breathing
- diffusion
- respiration

(1)

(b) Most carbon dioxide leaves the body through the

- kidneys
- lungs
- skin

(1)

(c) Urea is produced in the

- kidneys
- liver
- lungs

(1)

(d) Urea is produced from the breakdown of

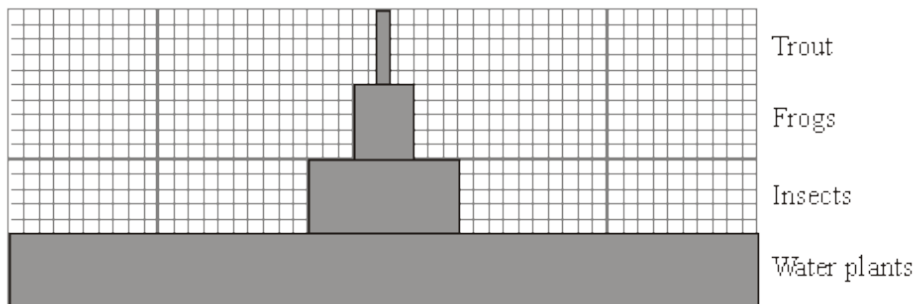
- amino acids
- glucose
- urine

(1)

(Total 4 marks)

55

The diagram shows a pyramid of biomass drawn to scale.



(a) What is the source of energy for the water plants?

.....

(1)

(b) The ratio of the biomass of water plants to the biomass of insects is 5 : 1.

Calculate the ratio of the biomass of insects to the biomass of frogs.

Show clearly how you work out your answer.

.....

.....

ratio = : 1

(2)

(c) Give **two** reasons why the biomass of the frog population is smaller than the biomass of the insect population.

1

.....

2

.....

(2)

(d) Some insects die.

Describe how the carbon in the dead insect bodies may be recycled.

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(4)
(Total 9 marks)

56

Diabetes is a disease in which a person's blood glucose concentration rises to higher levels than normal.

Diabetes is caused by insufficient insulin being produced.

(a) (i) Which organ monitors blood glucose concentration?

.....

(1)

(ii) Insulin reduces the concentration of glucose in the blood.

Describe how insulin does this.

.....

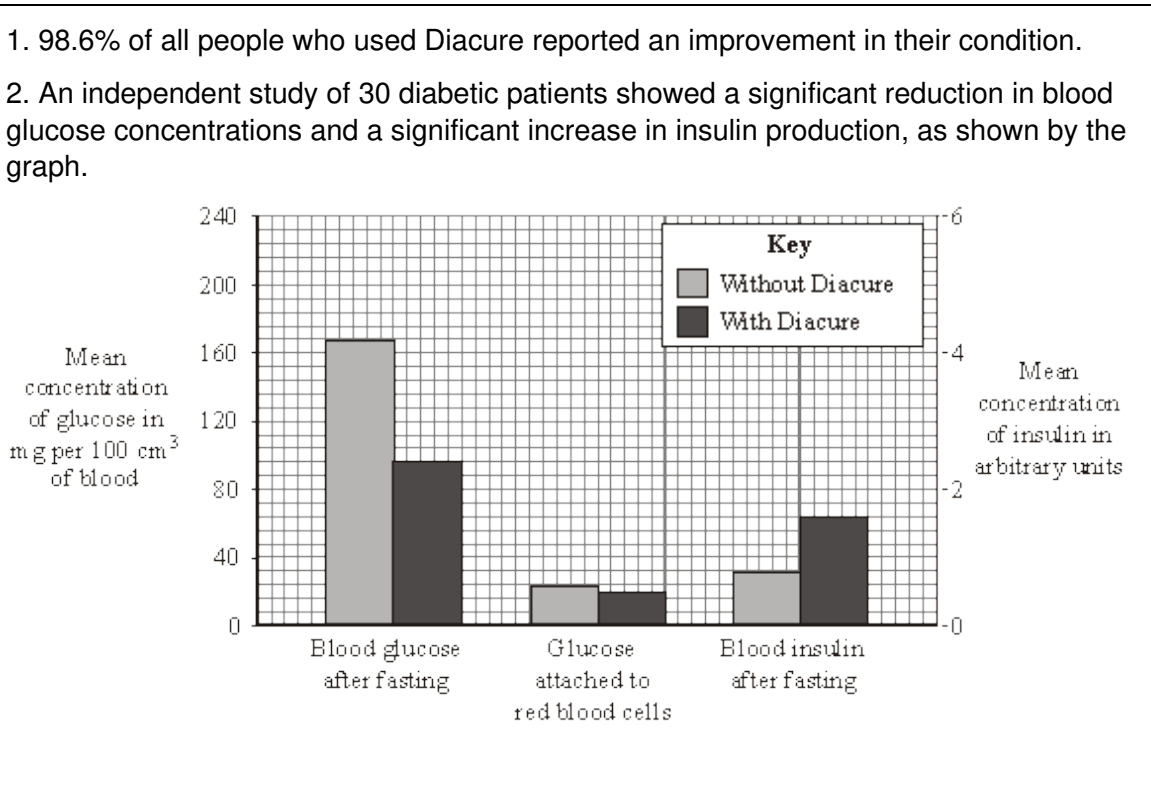
.....

(1)

(b) A person with diabetes can be monitored in three ways:

- measuring the blood glucose concentration after fasting (going without food for 12 hours)
- measuring the amount of glucose attached to red blood cells: this is a measure of the average blood glucose concentration over the previous three months
- measuring the concentration of insulin in the blood after fasting

The manufacturer of a new treatment for diabetes, called Diacure, publishes the following two claims.



(i) Which of the manufacturer’s claims is **not** based on scientific evidence?

.....

.....

(1)

(ii) Why might the data in this study be unreliable?

.....

.....

.....

(1)

- (iii) The manufacturer did **not** draw attention to the data for the amount of glucose attached to red blood cells.

Suggest an explanation for this.

.....

.....

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.....

(2)

- (iv) The study of diabetic patients was carried out by an independent company.

Why is it important that the study should be independent?

.....

.....

.....

(1)

(Total 7 marks)

57

During exercise an athlete's core body temperature may rise.

- (a) What causes this rise in core body temperature?

.....

.....

(1)

(b) During a long race one athlete did not drink any liquid. Towards the end of the race the amount of sweat he produced began to fall.

(i) This athlete's core body temperature increased more than that of other similar athletes who had drunk enough liquid during the race.

Explain why.

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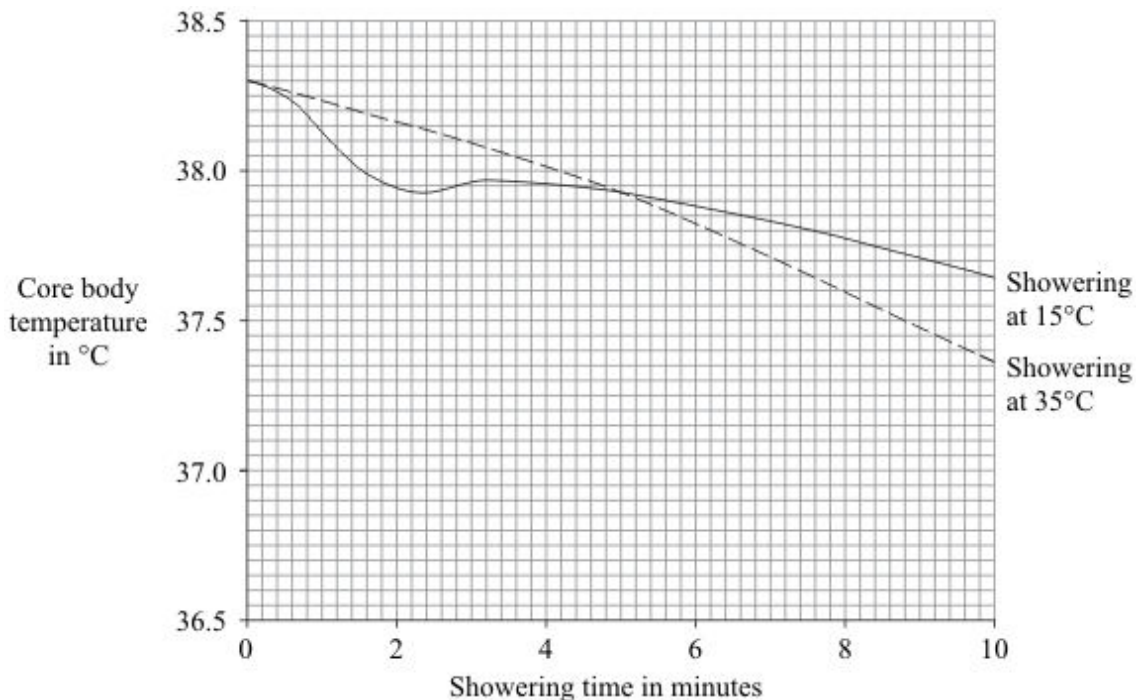
(2)

(ii) Describe **one** other way in which this athlete's body would respond in order to reduce core body temperature.

.....
.....
.....
.....
.....

(2)

(c) The graph shows the effects of showering for ten minutes at 15 °C and at 35 °C on core body temperature after a long race.



Suggest an explanation for the differences in core body temperature:

(i) between 0 and 2 minutes

.....
.....
.....

(1)

(ii) between 4 and 10 minutes.

.....
.....
.....
.....
.....

(2)

(Total 8 marks)

58

(a) The kidney controls the amount of water in the body.

The table shows the volume of water filtered from the blood and the volume of urine produced in one day.

	Volume in dm ³
Water filtered from blood	180
Urine	2

Calculate the volume of water reabsorbed into the blood.

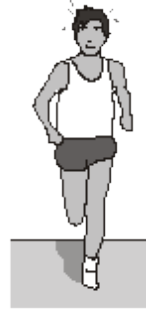
Show clearly how you work out your answer.

.....

Volume of water reabsorbed =dm³

(2)

- (b) On a hot sunny afternoon, Man **A** sat in the shade, drinking beer. Man **B** went jogging in the desert.

Man **A**Man **B**

As a result, the volume and concentration of the urine of the two men were different.

Complete the table by writing the word '**higher**' or '**lower**' in each box.

The first line has been completed for you.

	Man A	Man B
Volume of urine produced	higher	lower
Volume of water reabsorbed by the kidneys		
Concentration of urine		

(2)
(Total 4 marks)

59

Urine consists of water, ions and other substances such as urea.

Urine is formed in the kidney by filtering the blood.

The diameter of the pores in the filter is about 6 nanometres.

The table shows the diameters of the molecules of some of the substances in the blood.

Substance	Diameter of molecule in nanometres
A	10 to 20
B	1.0
C	0.6
D	0.5
E	0.2

Use information from the table and your own knowledge to answer the questions.

(a) (i) Which substance, **A**, **B**, **C**, **D** or **E**, is protein?

(1)

(ii) Explain why protein is **not** found in the urine of a healthy person.

.....

.....

.....

.....

(2)

(b) Substance **B** is **not** found in the urine of a healthy person.

Suggest an explanation for this.

.....

.....

.....

.....

(2)

(c) Haemolytic anaemia is a disease in which some of the red blood cells burst open.

Small amounts of haemoglobin may be found in the urine of a person suffering from haemolytic anaemia.

The diameter of a haemoglobin molecule is 5.5 nanometres.

Haemoglobin is **not** found in the urine of a healthy person, but can be found in the urine of a person with haemolytic anaemia.

Explain why.

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(3)
(Total 8 marks)

60

Water can be lost from the body in several ways.
The table shows the volume of water lost by a man on a cold day.

Way in which water is lost	Volume of water lost in cm ³
In urine	2000
Through skin	600
Breathed out	300
In faeces	100
Total	3000

(a) Calculate the proportion of water that the man lost through his skin.

Show clearly how you work out your answer.

.....
.....

Proportion =

(2)

(b) More water is lost through the skin on a hot day than on a cold day.

(i) Explain why.

.....
.....

(1)

(ii) To maintain water balance in the body, the total volume of water taken in must equal the total volume of water lost.

Give **two** ways this is achieved on a hot day, when compared to a cold day.

Tick (✓) **two** boxes.

The volume of water in the urine decreases.

The volume of water in the faeces increases.

The volume of water taken as food or drink increases.

The volume of water breathed out decreases.

(2)

(c) Use words from the box to complete the sentences.

bladder kidney liver stomach
--

The body cannot store amino acids.

The body converts the amino acids it cannot use into urea.

(i) Urea is made in the (1)

(ii) Urea is removed from the blood by the (1)

(iii) Urine is stored in the (1)

(Total 8 marks)